

Kumari Vidyavati Anand D.A.V.
College for Woman, Karnal



Women Cell ***“Jagruti”***

Activity Report
2022-23



- Ms. Amandeep Kaur of B.Sc. III Medical represented Women Cell during the Online **National Level PowerPoint Presentation Competition** organized by Women Cell and Legal Literacy Cell of I.B. (P.G.) College, Panipat on **September 08, 2022** and bagged **third prize**.



Principal Ms. Santosh Bisla felicitating Ms. Amandeep Kaur

- Women Cell organized **Poster Making and Slogan Writing Competition** on the topics 'HIV/AIDS', 'HIV and Women Health Issues', 'TB' and 'Blood Donation' on September 21, 2022.

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Students during the Poster Making and Slogan Writing Competition

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- To commemorate **World Mental Health Day**, October 10, 2022, Women Cell organized an **Extension Lecture** on the topic 'Mental Health Awareness' on October 14, 2022. Esteemed resource person Dr. Mahendra Singh, Psychiatrist, Amritdhara Hospital, Karnal enlightened the students about the causes, symptoms and preventive measures of mental stress.



Principal Ms. Santosh Bisla welcoming the Speakers



Principal Ms. Santosh Bisla addressing the students on Mental Health



Dr. Mahendra Singh throwing light on issues related to mental health

- **Extension Lectures** were organized by the Women Cell on February 23, 2023. The first Resource Person was Dr. Prabhjot Kaur, Infertility and IVF Unit, Chief Consultant at Guru Nanak Hospital and Scientific Director, Divine IVF Centre and Research Institute, Karnal, spoke on the topic '**Nutrition and Female Health**'. The second speaker Dr. Shraddha Bedi, Obstretician, Gynaecologist and Infertility Expert, Global Cradle Hospital, Karnal spoke on '**Common Gynaecological Problems**'.



Dr. Prabhjot Kaur delivering her lecture on 'Nutrition and Female Health'

- Three students participated in the **National Level Online Poster Making Competition** organized by Women Cell in collaboration with Anti Tobacco Cell, Mata Sundri Khalsa Girls College, Karnal on March 16, 2023.
- On **International Women's Day, March 08, 2023** the students actively participated in the **International Women's Day 2023 campaign theme: #EmbraceEquity**. The aim of the IWD 2023 #EmbraceEquity campaign theme is to get the world talking about *Why equal opportunities aren't enough*.

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Students striking the pose #EmbraceEquity on Women's Day

- Ms. Sarika of B.Sc. III and Ms. Drishti of M.Sc. I Geography participated in the National Level Online Essay Writing Competition organized by Environmental Society and IQAC, I.G.M.M.V., Kaithal, Haryana.
- Ms. Sohan and Ms. Annu Verma of B.A. I participated in the State Level Poster Making Competition and Ms. Shruti and Ms. Bhawna of B.Sc. III participated in State Level Declamation Competition organized by Women Cell and Legal Literacy Cell, I.B. (PG) College, Panipat.