

**KUMARI VIDYAVATI ANAND D.A.V. COLLEGE FOR WOMEN,
KARNAL**

**Lesson Plan for the Odd Semester
(July to November, 2025)**

Name of the Teacher –Ms. Monika Singh

Class – B.A. 1st year

Subject – Psychology

Paper – Foundations of Psychology

July, 2025 4th Week 22 July – 26 July	Introduction, Nature and scope of psychology
27 July, 2025	Sunday
5th Week 28 July – 30 July	Practical 1 : Personality test
31 July	Shaheed Udham Singh Martyrdom Day

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**Lesson Plan for the Odd Semester
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Name of the Teacher –Ms. Monika Singh

Class –B.A. 1st year

Subject – Psychology

Paper – Foundations of Psychology

August, 2025 1 st Week 1 Aug – 2 Aug	Psychology as a science
3 Aug, 2025	Sunday
2 nd Week 4 Aug – 8 Aug	Present status , Psychology in India, Practical sign
9 Aug, 2025 10 Aug, 2025	Raksha Bandhan Sunday
3 rd Week 11 Aug - 14 Aug	Methods to study behaviour : Interview , Case Study
15 Aug, 2025 16 Aug, 2025 17 Aug, 2025	Independence Day Janmashtmi Sunday
4 th Week 18 Aug - 23 Aug	Experimental method: Practical 2 nd – Study emotions
24 Aug, 2025	Sunday
5 th Week 25 Aug - 30 Aug	Sensation : Nature , Characteristics and types
31 Aug, 2025	Sunday

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**Lesson Plan for the Odd Semester
(July to November, 2025)**

Name of the Teacher – Ms. Monika Singh

Class – B.A. 1st year

Subject – Psychology

Paper – Foundations of Psychology

September, 2025 1 st Week 1 Sept – 6 Sept	Structure and function of Visual sensation Practical sign
7 Sept, 2025	Sunday
2 nd Week 8 Sept – 13 Sept	Structure and function of auditory sensation, Assignment 1 st
14 Sept, 2025	Sunday
3 rd Week 15 Sept – 20 Sept	Attention : Nature and Characteristics Practical 3 rd : Verbal test of intelligence
21 Sept, 2025 22 Sept, 2025 23 Sept, 2025	Sunday Maharaja Agrasen Jayanti Shaheedi Divas/Haryana War Heroes' Martyrdom Day
4 th Week 24 Sept – 27 Sept	Emotion : Nature and Characteristics
28 Sept, 2025	Sunday
5 th Week 29 Sept – 30 Sept, 2025	James Lange theory

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**Lesson Plan for the Odd Semester
(July to November, 2025)**

Name of the Teacher –Ms. Monika

Class – B.A. 1st year

Subject – Psychology

Paper – Foundations of Psychology

October, 2025 1 st Week 1 Oct – 4 Oct	Cannon Bard and Schachter-Singer, Practical sign
2 Oct, 2025 5 Oct, 2025	Mahatma Gandhi Jayanti/Dussehra Sunday
2 nd Week 6 Oct - 11 Oct	
7 Oct, 2025 12 Oct, 2025	Maharishi Valmiki Jayanti/Maharaja Ajmidh Jayanti Sunday
3 rd Week 13 Oct - 18 Oct	Motivation : Needs , driven , Practical 4 th : 16pf
19 Oct – 26 Oct	Vacations (Diwali)
5 th Week 27 Oct- 31 Oct	Theories : Allport Cattell and Eyesenck Intelligence : Nature Practical 5 th : Simple reaction

Lesson Plan for the Odd Semester (July to November, 2025)

Name of the Teacher – Ms. Monika Singh
Class –B.A. 1st year
Subject – Psychology
Paper – Foundations of Psychology

November, 2025 1 st Week 1 Nov,2025 2 Nov, 2025	Haryana Day Sunday
2 nd Week 3 Nov - 8 Nov	Sessional Exams
5 Nov, 2025 9 Nov, 2025	Guru Nanak Dev Jayanti Sunday
3 rd Week 10 Nov - 15 Nov	Factors affecting intelligence Theories: Spearman and Thurstone
16 Nov, 2025	Sunday
4 th Week 17 Nov - 22 Nov	Cattell theory of intelligence, Revision
23 Nov, 2025	Sunday
5 th Week 24 November,2025 Onwards	University Examinations

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**Lesson Plan for the Odd Semester
(July to November, 2025)**

Name of the Teacher – Ms. Monika Singh

Class – B.A. 2nd year

Subject – Psychology

Paper – Experimental Psychology

July, 2025 4th Week 22 July – 26 July	Experimental Psychology Nature and historical development Practical 1 : Problem Solving
27 July, 2025	Sunday
5th Week 28 July – 30 July	Experimental Method : Types
31 July	Shaheed Udham Singh Martyrdom Day

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**Lesson Plan for the Odd Semester
(July to November, 2025)**

Name of the Teacher –Ms. Monika Singh

Class – B.A. 2nd year

Subject – Psychology

Paper – Experimental Psychology

August, 2025 1 st Week 1 Aug – 2 Aug	Experimental method: Steps
3 Aug, 2025	Sunday
2 nd Week 4 Aug – 8 Aug	Perception: Nature and characteristics Perception of form Practical : Experiment on STM
9 Aug, 2025 10 Aug, 2025	Raksha Bandhan Sunday
3 rd Week 11 Aug - 14 Aug	Perception: Depth and movement Unit 2: Psychophysics Nature , Continuum and problem
15 Aug, 2025 16 Aug, 2025 17 Aug, 2025	Independence Day Janmashtmi Sunday
4 th Week 18 Aug - 23 Aug	Method of Clinical Psychophysics :Method of psychophysics
24 Aug, 2025	Sunday
5 th Week 25 Aug - 30 Aug	
31 Aug, 2025	Sunday

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**Lesson Plan for the Odd Semester
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Name of the Teacher – Ms. Monika Singh

Class- B.A. 2nd year

Subject – Psychology

Paper – Experimental Psychology

September, 2025 1 st Week 1 Sept – 6 Sept	Learning :Definition and factor affecting
7 Sept , 2025	Sunday
2 nd Week 8 Sept – 13 Sept	Theories of learning: Insight and Classical conditioning
14 Sept , 2025	Sunday
3 rd Week 15 Sept – 20 Sept	Memory : Process and types Method to study methods
21 Sept, 2025 22 Sept, 2025 23 Sept, 2025	Sunday Maharaja Agrasen Jayanti Shaheedi Divas/Haryana War Heroes' Martyrdom Day
4 th Week 24 Sept – 27 Sept	Thinking : Nature and types
28 Sept, 2025	Sunday
5 th Week 29 Sept – 30 Sept, 2025	Revision of learning

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Name of the Teacher – Ms. Monika Singh

Class – B.A. 2nd year

Subject – Psychology

Paper – Experimental Psychology

October, 2025 1 st Week 1 Oct – 4 Oct	Problem Solving : Nature and stages of problem solving
2 Oct, 2025 5 Oct, 2025	Mahatma Gandhi Jayanti/Dussehra Sunday
2 nd Week 6 Oct - 11 Oct	Verbal Learning: Nature and material Practical :Absolute limen by Method of constant stimuli
7 Oct, 2025 12 Oct, 2025	Maharishi Valmiki Jayanti/Maharaja Ajmidh Jayanti Sunday
3 rd Week 13 Oct - 18 Oct	Practical: Differential Limen by Method of limits
19 Oct – 26 Oct	Vacations (Diwali)
5 th Week 27 Oct- 31 Oct	Verbal Learning: Method and organizational processes

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Name of the Teacher – Ms. Monika Singh

Class – B.A. 2nd year

Subject – Psychology

Paper – Experimental Psychology

November, 2025 1st Week 1 Nov,2025 2 Nov, 2025	Haryana Day Sunday
2nd Week 3 Nov - 8 Nov	Sessional Exams
5 Nov, 2025 9 Nov, 2025	Guru Nanak Dev Jayanti Sunday
3rd Week 10 Nov - 15 Nov	
16 Nov, 2025	Sunday
4th Week 17 Nov - 22 Nov	
23 Nov, 2025	Sunday
5th Week 24 November,2025 Onwards	University Examinations

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**Lesson Plan for the Odd Semester
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Name of the Teacher – Ms. Monika Singh

Class – B.A. 3rd year

Subject – Psychology

Paper – Psychological testing

July, 2025 4th Week 22 July – 26 July	Psychological testing : Nature , historical background, Characteristics of a good psychological test
27 July, 2025	Sunday
5th Week 28 July – 30 July	Limitations and uses of psychological testing
31 July	Shaheed Udham Singh Martyrdom Day

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**Lesson Plan for the Odd Semester
(July to November, 2025)**

Name of the Teacher –Ms. Monika Singh

Class – B.A. 3rd year

Subject – Psychology

Paper – Psychological testing

August, 2025 1 st Week 1 Aug – 2 Aug	Practical 1 (16 PF)
3 Aug, 2025	Sunday
2 nd Week 4 Aug – 8 Aug	Measurement: Meaning and level of measurement
9 Aug, 2025 10 Aug, 2025	Raksha Bandhan Sunday
3 rd Week 11 Aug - 14 Aug	Reliability :Meaning ,Methods of Reliability
15 Aug, 2025 16 Aug, 2025 17 Aug, 2025	Independence Day Janmashtmi Sunday
4 th Week 18 Aug - 23 Aug	Factors affecting Reliability , Practical sign Validity : Meaning and methods of affecting reliability
24 Aug, 2025	Sunday
5 th Week 25 Aug - 30 Aug	Types of Validity, Factors affecting validity
31 Aug, 2025	Sunday

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Name of the Teacher – Ms. Monika Singh

Class – B.A. 3rd year

Subject – Psychology

Paper – Psychological testing

September, 2025 1 st Week 1 Sept – 6 Sept	Norms: Meaning, norms and types
7 Sept, 2025	Sunday
2 nd Week 8 Sept – 13 Sept	Test construction: Steps of test construction Intelligence Testing : Meaning , historical development and assignment 1st
14 Sept, 2025	Sunday
3 rd Week 15 Sept – 20 Sept	Uses of intelligence test , types of intelligence test, Practical 3 rd (Non- Verbal test of intelligence)
21 Sept, 2025 22 Sept, 2025 23 Sept, 2025	Sunday Maharaja Agrasen Jayanti Shaheedi Divas/Haryana War Heroes' Martyrdom Day
4 th Week 24 Sept – 27 Sept	Pass along test , Raven's progressive matrices, Practical sign
28 Sept, 2025	Sunday
5 th Week 29 Sept – 30 Sept, 2025	General mental ability test , Practical 4 th (Alexander's pass along test)

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Name of the Teacher – Ms. Monika Singh

Class – B.A. 3rd year

Subject – Psychology

Paper – Psychological testing

October, 2025 1 st Week 1 Oct – 4 Oct	Assessment of Personality : Projective tests ,meaning, Characteristics and limitations
2 Oct, 2025 5 Oct, 2025	Mahatma Gandhi Jayanti/Dussehra Sunday
2 nd Week 6 Oct - 11 Oct	Word association test , Thematic apperception test , Personality inventories, Assignment 2
7 Oct, 2025 12 Oct, 2025	Maharishi Valmiki Jayanti/Maharaja Ajmidh Jayanti Sunday
3 rd Week 13 Oct - 18 Oct	Cattell 16 personality factors Questionnaire Practical 5 th (Word association test)
19 Oct – 26 Oct	Vacations (Diwali)
5 th Week 27 Oct- 31 Oct	NEO personality inventory , Practical sign

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Class –B.A. 3rd year

Subject – Psychology

Paper – Psychological testing

November, 2025 1 st Week 1 Nov,2025 2 Nov, 2025	Haryana Day Sunday
2 nd Week 3 Nov - 8 Nov	Sessional Exams
5 Nov, 2025 9 Nov, 2025	Guru Nanak Dev Jayanti Sunday
3 rd Week 10 Nov - 15 Nov	Revision , Practical sign , Class test
16 Nov, 2025	Sunday
4 th Week 17 Nov - 22 Nov	Practical sign , Index Sign , Revision
23 Nov, 2025	Sunday
5 th Week 24 November,2025 Onwards	University Examinations

