KUMARI VIDYAVATI ANAND D.A.V. COLLEGE FOR WOMEN, KARNAL

Lesson Plan for the Odd Semester
(July to November, 2025)

Name of the Teacher – Preeti
Class – Child Caretaker
~~Subject –~~
Paper – DWC/Q0201, (version-2.0), level-3

August, 2025 1st Week 1 Aug – 2 Aug	
3 Aug, 2025	Sunday
2nd Week 4 Aug – 8 Aug	
9 Aug, 2025 10 Aug, 2025	Raksha Bandhan Sunday
3rd Week 11 Aug - 14 Aug	
15 Aug, 2025 16 Aug, 2025 17 Aug, 2025	Independence Day Janmashtmi Sunday
4th Week 18 Aug - 23 Aug	Unit 1.1 - Introduction and orientation Unit 1.2 - Introduction to Domestic workers sector in India
24 Aug, 2025	Sunday
5th Week 25 Aug - 30 Aug	Unit 1.3 - Responsibilities of child caretaker [Non-clinical] Unit 2.1 - ~~child~~ Observe and monitor child's Activity
31 Aug, 2025	Sunday

KUMARI VIDYAVATI ANAND D.A.V. COLLEGE FOR WOMEN, KARNAL

Lesson Plan for the Odd Semester
(July to November, 2025)

Name of the Teacher – Preeti
Class – Child Care Tabal
~~Subject~~ –
Paper – DWC/Q0201, (version-2.0), level-3

September, 2025 1st Week 1 Sept – 6 Sept	unit-2.2 – child's Physical and nutritional Needs Practical • Draw a table classifying the occupations available in the Domestic workers sector.
7 Sept, 2025	Sunday
2nd Week 8 Sept – 13 Sept	unit-2.3 – Carryout child focused Activities and learning Practical – • Evaluate case studies outlining the Statutory provisions for Domestic workers in India.
14 Sept, 2025	Sunday
3rd Week 15 Sept – 20 Sept	unit-3.1 – Developmental Milestones of the childmen unit 3.2 – Devlop Relationships and communicate Effectively with the childmen
21 Sept, 2025 22 Sept, 2025 23 Sept, 2025	Sunday Maharaja Agrasen Jayanti Shaheedi Divas/Haryana War Heroes' Martyrdom Day
4th Week 24 Sept – 27 Sept	unit 3.3 – Support the child in Developing positive Relations with others Practical – • Prepare a sample meal based on nutritional requirements and age.
28 Sept, 2025	Sunday
5th Week 29 Sept – 30 Sept, 2025	Practical – • Demonstrate the process of bed making as per given instructions regarding age and comfort etc. unit 4.1 – Establish a healthy, Safe and secure Environment for the child.

KUMARI VIDYAVATI ANAND D.A.V. COLLEGE FOR WOMEN, KARNAL

Lesson Plan for the Odd Semester
(July to November, 2025)

Name of the Teacher – Preeti
Class – Child Caretaker
~~Subject~~ –
Paper – DWC/Q0201, (version-2.0), level – 3

October, 2025 1st Week 1 Oct – 4 Oct	unit-401 - Establish a healthy, safe and secure Environment for the child.
2 Oct, 2025 5 Oct, 2025	Mahatma Gandhi Jayanti/Dussehra Sunday
2nd Week 6 Oct - 11 Oct	unit 4.2 - Assist in Procedures with respect to Accidents, injuries, illness and other Emergencies. Practical. Maintain first aid kit as required and ensure that the contents are replaced Prices to the expiry.
7 Oct, 2025 12 Oct, 2025	Maharishi Valmiki Jayanti/Maharaja Ajmidh Jayanti Sunday
3rd Week 13 Oct - 18 Oct	Unit 5.1 – Maintain Behavioral Etiquette Practical. Conduct games and activities. Which will have a positive impact on the growth of the child. • Demonstrate the methods of development of the Positive relationship with the children.
19 Oct – 26 Oct	Vacations (Diwali)
5th Week 27 Oct- 31 Oct	Unit 5.2 – Follow Practices of Hygiene. Practical. Demonstrate the methods to apply first aid, including the CPR.

KUMARI VIDYAVATI ANAND D.A.V. COLLEGE FOR WOMEN, KARNAL

Lesson Plan for the Odd Semester
(July to November, 2025)

Name of the Teacher – Preeti
Class – Child caretaker
~~Subject~~ –
Paper – DWC/Q0201 (version - 2.0), Level - 3

November, 2025 1st Week 1 Nov,2025 2 Nov, 2025	Haryana Day Sunday
2nd Week 3 Nov - 8 Nov	Sessional Exams
5 Nov, 2025 9 Nov, 2025	Guru Nanak Dev Jayanti Sunday
3rd Week 10 Nov - 15 Nov	Practical • Role Play on how to provide services and maintain the quality of facilities to cater to specific needs of every individual, across all genders and age groups as per standards and • Demonstrate how to report any workplace issues to the residents / employers immediately.
16 Nov, 2025	Sunday
4th Week 17 Nov - 22 Nov	Unit 5.3 – Professionalism at the Work place. Practical • operate different types of fire extinguishers. • Address given medical emergencies through process of ABC and provision of first aid / evacuation thereof.
23 Nov, 2025	Sunday
5th Week 24 November,2025 Onwards	University Examinations

KUMARI VIDYAVATI ANAND D.A.V. COLLEGE FOR WOMEN, KARNAL

Lesson Plan for the Odd Semester
(July to November, 2025)

Name of the Teacher -- Preeti
Class – Elderly Caretaker
~~Subject –~~
Paper – DWC/Q0801, (Version - 2.0), level - 3

August, 2025 1st Week 1 Aug – 2 Aug	
3 Aug, 2025	Sunday
2nd Week 4 Aug – 8 Aug	
9 Aug, 2025 10 Aug, 2025	Raksha Bandhan Sunday
3rd Week 11 Aug - 14 Aug	
15 Aug, 2025 16 Aug, 2025 17 Aug, 2025	Independence Day Janmashtmi Sunday
4th Week 18 Aug - 23 Aug	Unit 1.1 – Introduction and orientation. Unit 1.2 – Introductions to Domestic Workers Sector in India.
24 Aug, 2025	Sunday
5th Week 25 Aug - 30 Aug	Unit 1.3 – Responsibilities of Elderly Care taker (Non-Clinical). Practical • Draw a table classifying the occupations available in Domestic Workers Sector.
31 Aug, 2025	Sunday

KUMARI VIDYAVATI ANAND D.A.V. COLLEGE FOR WOMEN, KARNAL

Lesson Plan for the Odd Semester
(July to November, 2025)

Name of the Teacher – Preeti
Class – Elderly Caretaker
~~**Subject –**~~
Paper – DWC/Q0801, (version - 2.0), Level - 3

September, 2025 1st Week 1 Sept – 6 Sept	Unit 2.1 – Personal Hygiene and Activities of Daily Living (ADL).
7 Sept, 2025	Sunday
2nd Week 8 Sept – 13 Sept	Unit 2.2 – Recreational and Health Activities. Practical • Prepare a sample routine of ADL and other activities for the elderly person. • Demonstrate how to assist elders with health activities such as Yoga, meditation, walking, free hands, etc.
14 Sept, 2025	Sunday
3rd Week 15 Sept – 20 Sept	Unit 3.1 – Cleaning Activities and Tidying up of the Room. Practical • Demonstrate the ways to wash, remove stains and smell from clothes / sheets of elderly person, manually or with washing machines. • Demonstrate the method of cleaning and sanitising the utensils / tools / appliances.
21 Sept, 2025 22 Sept, 2025 23 Sept, 2025	Sunday Maharaja Agrasen Jayanti Shaheedi Divas/Haryana War Heroes' Martyrdom Day
4th Week 24 Sept – 27 Sept	Unit 3.1 – Replacing the Bed Linen. Practical • Indentify various hazardous and unsafe conditions for elderly people in the given Place.
28 Sept, 2025	Sunday
5th Week 29 Sept – 30 Sept, 2025	Practical • Interpret the given safety instructions and identify different labels / safety symbols.

KUMARI VIDYAVATI ANAND D.A.V. COLLEGE FOR WOMEN, KARNAL

Lesson Plan for the Odd Semester
(July to November, 2025)

Name of the Teacher – Preeti
Class – Elderly Caretaker
~~Subject~~ –
Paper – Dwc/20801, (version – 2.0) Level – 3

October, 2025 1st Week 1 Oct – 4 Oct	Unit 3.1 – Process of cleaning utensils / Tools / Appliances. Practical • Demonstrate the ways of developing a positive relationship with the elders, their social network and healthcare personnel.
2 Oct, 2025 5 Oct, 2025	Mahatma Gandhi Jayanti/Dussehra Sunday
2nd Week 6 Oct - 11 Oct	Practical • Demonstrate an activity that would help stimulate and elderly and trigger their mnemonic (aid-memory) skills. Unit 3.2 – Safe, Secure and Hygienic Environment for Elderly Person.
7 Oct, 2025 12 Oct, 2025	Maharishi Valmiki Jayanti/Maharaja Ajmidh Jayanti Sunday
3rd Week 13 Oct - 18 Oct	Unit 4.1 – Effective Communication Specific to Elderly Person. Practical • Demonstrate the way of dressing / grooming Professionally and maintaning Personal Hygiene.
19 Oct – 26 Oct	Vacations (Diwali)
5th Week 27 Oct- 31 Oct	Practical • Demonstrate ways of communication that reflects gender and PwD sensitivity. Unit 5.1 – Maintain Behavioural Etiquette.

KUMARI VIDYAVATI ANAND D.A.V. COLLEGE FOR WOMEN, KARNAL

Lesson Plan for the Odd Semester (July to November, 2025)

Name of the Teacher – Preeti
Class – Elderly Caretaker
Subject –
Paper – DWC/Q0801, (version – 2.1), level- 3

November, 2025 1st Week 1 Nov,2025 2 Nov, 2025	Haryana Day Sunday
2nd Week 3 Nov - 8 Nov	**Sessional Exams**
5 Nov, 2025 9 Nov, 2025	Guru Nanak Dev Jayanti Sunday
3rd Week 10 Nov - 15 Nov	Unit 5.2 – Follow Practices of Hygiene. Practical • Operate of the different types of fire extinguishers based on the type of fire. • Carry out CPR on mouth to mouth respiration in case required.
16 Nov, 2025	Sunday
4th Week 17 Nov - 22 Nov	Unit 5.3 – Professionalism at the Workplace. Practical • Draft a sample Paper on various industries, job market trends, latest skill required and available opportunities. • Show how to use active listening techniques.
23 Nov, 2025	Sunday
5th Week 24 November,2025 Onwards	University Examinations