

DEPARTMENT OF HOME SCIENCE

Session 2024-25

1. One day visit was organized to Luxury Wedding Edit FaMa Lifestyle Exhibition in Noor Mahal, Karnal on September 7, 2024. Around 30 students of B.Voc. Fashion Technology Semester I & Bachelor of Fashion Designing Semester III went on the visit. The students observed the blend of traditional and modern designs in the wedding collection and various designs of the Jewellery which were useful for their practical knowledge.
2. One day workshop was organized on the topic “Common Diet Mistakes in Indian Diet” on September 21, 2024 on occasion of National Nutrition Month by the Department of Home Science in which the resource person was Ms. Mani, Dietitian and Nutrition Consultant, Aarogyam Hospital, Shamli. The workshop aimed at a highlighting talk on 'chai par charcha', 'tel ka khel' “Random cooking pattern”, and demonstration on nutritious recipes to enhance the cooking skills of students. This knowledgeable session eradicate mistakes in our daily intake for well-being and keeping ourselves fit. This workshop was organized for the benefit of the students and it provided the right impetus to realize the aim towards healthy habits. Around 100 students participated enthusiastically in this workshop and it ended with question-answers round.
3. The Department of Home Science organized an educational visit to NDRI, Karnal on September 24, 2024 which included around 50 students of Food Science and Quality Control. The students viewed and learnt about the processing and packaging of milk and milk products. The visit added to their knowledge of dairy technology and helped them understand the scope of work in the field of food and dairy science.
4. The Department organized a one day workshop on "Nail Art" by Ms. Geetika (Freelancer Nail Artist, Karnal) on September 24, 2024. Around 25 students learnt about the trending styles and designs used in nail art, shaping of nails, nail extensions, gel polish and stone work.

5. A workshop was organized on "Stitching Art" by Usha Company, Jalandhar on September 25, 2024. Mr Maninder Pal Singh (Manager Sales), Mr Pawan Kumar (Territory Manager) and Mr Sourav (Sales Executive) were the resource persons. Around 35 students of Fashion Technology and Fashion Designing attended the workshop in which they learnt different styles of stitching, various embroidery techniques, and machine operation were explained to the students by the resource persons.
6. Around 25 students of cosmetology went on a one day visit to Matrix, Ellite Hair & Beauty Bar, Karnal on September 25, 2024. The students learnt about engagement makeup, bridal makeup, hydra facials and also observed the working and management of the salon.
7. The Department organized various competitions in the Talent Hunt Show organized by YCAS on September 27 & 28, in which many students participated with full enthusiasm. The events along with their participations included Rangoli (13 students), Clay modeling (3 students), Best out of waste (6 students), Collage making (10 students) and Painting (33 students).
8. Online National Level Competitions were organized in the month of September 2024, on Salad Making, Salty Snacks, Poster Making and Slogan Writing to celebrate National Nutrition Month 2024. **Winners of Slogan Writing Competition** were Tripti Chauhan from B.A. 2nd year Govt. College for Girls, Sector 14, Gurugram and Ravina Dhiman from B.A. 3rd Year Indira Gandhi Mahila Mahavidyalaya, Kaithal(1st); Priya from B.Com. 2nd Year KVA DAV College for Women, Karnal (2nd); Deepti Munglia From B.Com. 2nd Year Indira Gandhi Mahila Mahavidyalaya, Kaithal; Komal from B.A. 3rd Year Indira Gandhi Mahila Mahavidyalaya, Kaithal (3rd); Ishika from B.Voc. FSQC 2nd Year KVA DAV College for Women, Karnal (Consolation). **Winners of Poster Making Competition** were Navjot Kaur from B.Sc. FT 2nd Year Desh Bhagat College, Bardawl Dhuri (1st); Jhalak Garg from B.Com. 1st year Dayanand Mahila Mahavidyalaya, Kurukshetra and Ravina from B.A. 3rd Year Indira Gandhi Mahila Mahavidyalaya, Kaithal (2nd); Sakshi Rohilla from BCA 3rd Year Govt. College for Girls Sector 14, Gurugram and Komal from B.A. 3rd Year Indira Gandhi Mahila Mahavidyalaya, Kaithal (3rd); Sunidhi from B.A. 1st Year Sarla Memorial Govt. College for Women, Safidon (Consolation). **Winners of Salad Competition** were Khwaish from B.A. 3rd year Dayanand Mahila Mahavidyalaya, Kurukshetra and Ridhi Rani from B.Voc. FSQC

3rd Year KVA DAV College for Women, Karnal (1st); Diksha Kushwah from B.A. 3rd Year IB (PG) College, Panipat (2nd); Chahat from B.A. 3rd Year Arya Kanya Mahavidyalaya, Shahabad and Akshay B.A. 3rd Year IB (PG) College, Panipat (3rd); Deepa from B.A. 3rd Year Rajiv Gandhi Govt. College for Women, Bhiwani (Consolation). **Winners of Salty Snacks Competition** were Nancy B.A. 3rd Year Arya Kanya Mahavidyalaya, Shahabad and Sakshi from B.Voc. FSQC 3rd Year KVA DAV College for Women, Karnal (1st); Sneha from B.Voc. FSQC 3rd Year KVA DAV College for Women, Karnal and Simran Rana B.Sc. Home Science 3rd Year Gurunanak Girls College, Yamunanagar (2nd); Kalpana Rohilla B.A. 3rd Year Rajiv Gandhi Govt. Women College Bhiwani and Khushi B.Voc. FSQC 3rd Year KVA DAV College for Women, Karnal (3rd); Ishita Gulati from B.Com. 3rd Year Dev Samaj College for Girls, Ambala City (Consolation).

9. One day visit to an Exhibition in Noor Mahal, Karnal was organized by the department on October 7, 2024. Approximately 25 students of Fashion Technology visited the exhibition and learnt about various Handmade Interior Decoration Items, Embroideries used in various garments, Garment Designing and Stitching Techniques. The exhibition was a valuable educational experience that expanded students' knowledge and sparked interest in the field of fashion and decoration.
10. An educational and recreational trip was organized to Amritsar: Golden Temple ,Durgiana Temple , Jalia Wala Bagh, Luv Kush Temple , Govind Garh Fort , Wagah Border and Ludhiana on 13,14 &15 October 2024. The students learnt about the historical importance of the serene atmosphere and experienced the local culture too. Another meaningful experience for the students was a visit to Kutiya Gurdev Niwas, Shahabad, where students learnt about culture, values and philosophy as well as the importance of community service and spirituality. The students explored the market area of Amritsar where they gained knowledge about Embroideries and Surface ornamentation techniques. The trip also included an Industrial visit to Ludhiana which gave a practical perspective of the Garments and Fashion Industry to the students. Overall the visit was informative and enriching, successfully meeting its objectives.
11. The Department of Home Science celebrated the festival of Karwachauth by organizing Mehendi Art Services under Earn While You Learn Scheme, on October 19, 2024. The

students applied beautiful Mehendi to the faculties of the college which was appreciated by all. The Mehendi art service by students not only serves as a creative outlet but also promotes cultural awareness and entrepreneurial skills.

12. The Department of Home Science organized Diwali Mela 2024, on October 25 in the college. The celebration aimed to glorify the festival of lights while promoting cultural diversity and community spirit among students. Respected Principal mam, Mrs Meenu Sharma inaugurated the Mela with Ribbon cutting and Lighting the Lamp. Diwali Exhibition, Diwali Sale Counter and Food Court were the major highlights. Students of the Department prepared Handkerchiefs using various embroidery techniques, Decorative Envelopes, Rangoli Colours, Diwali & Home Decor Items and Handicrafts, Nail extensions, Hair accessories, Kurtis and Designer Dresses which were displayed for sale. The Food Court was also managed by student volunteers which included eatables like Golgappe, Muffins, Nutritious Laddoo, Delicious Rolls, Dahi bhalla etc. Both the faculties and the students gave an overwhelming response to them. The Diwali Mela was a resounding success, promoting cultural appreciation and strengthening the sense of community within the college.
13. A District Level Rangoli Competition was organized on January 10, 2025 on the topic “Making Elections Inclusive. Accessible and Participative” celebrating 15th National Voter’s Day. Participants from various colleges were present. First prize was bagged by SAKshi from Kumari Vidyavati Anand D.A.V. College for Women, Karnal; Second prize by Gunjan of Dyal Singh College and Sonam of Govt. College for Women, Karnal and Third by Tamanna of Kumari Vidyavati Anand D.A.V. College for Women, Karnal.
14. One day visit was organized to Matrix, Elite Hair & Beauty Bar, Karnal on January 25, 2025. Approximately 20 students went for the visit. The students learnt about the Tools of Hydra facial, Manicure and Pedicure, Nail art and Extensions and many such techniques. The students gained an overview of the management of the salon and its various sections. They got an insight of the importance of ongoing professional development in the beauty industry and how salons keep up with current trends and client preferences.
15. A District level Inter College Level Rangoli Making Competition was organized on January 10, 2025 in which students from various colleges participated with full zeal. Sakshi from

Kumari Vidyavati Anand D.A.V. College for Women, Karnal of B.Voc. Fashion Technology 1st year bagged the first prize; Gunjan from Dyal Singh College, Karnal of B.Com. (Hons.) 3rd year came 2nd; Sonam from Govt. College for Women, Karnal of B.A. 2nd Year and Tamanna of Kumari Vidyavati Anand D.A.V. College for Women, Karnal of B.Voc. Fashion Technology 1st year shared the third prize.

16. A “Sapnon ka Canvas” Painting Competition was organized by Municipal Corporation, Karnal on the topic Swachh Survey at Kalpana Chawla Medical College, Karnal on February 18, 2025 where five students namely Sakshi, Tamannna of B.Voc. Fashion Technology & Riya, Kashish, Sahiba of Bachelor of Fashion Designing participated with full zeal. The students were awarded with participation certificates.
17. The Department organized a one day trip to Chandigarh and Panchkula on February 27, 2025 and approximately 50 students went on the trip. The trip started with a visit to Kutiya Gurudev Niwas Shahbad where students gained a deeper appreciation for spirituality. Amartex Industry, Panchkula was the next on list where students learnt about the various departments like production house, warehouse, merchandising, marketing, display of items, and knowledge about trending fashion items. The students gained practical knowledge about fashion retail store. The trip, next included a visit to Sukhna Lake for a peaceful and joyful experience. Pinjore Garden was the next on list and students learnt about nature inspired photography and its different types like portrait and landscape photography. The trip ended with a visit to Mansa Devi Temple and Nadda Sahab Gurudwara . The visit to the Temple and Gurudwara was an enriching and insightful experience for all the students.
18. Around 33 students of FSQC went on one day industrial visit to Kurukshetra which was organized on May 2, 2025. The trip started with a visit to Kutiya Gurudev Niwas, Shahbad where students had an enchanting experience in the peaceful environment. Vita Milk Plant, Kurukshetra was the industry where students learnt about the various departments like production of paneer, lassi, ghee, storage, packaging, quality checking, boiler section, cold storage etc. The students gained practical knowledge about dairy technology and quality control and had an understanding of industrial operations and management. The trip next included a visit to Brahm Sarovar for a peaceful and joyful experience. The students visited Panorama & Science Centre where they observed various scientific learning and enjoyed the

3D show. It also enhanced their scientific awareness and interest. The trip ended with a visit to Gurudwara Sahib Sixth Patshahi which gave an insight of social harmony and service. Overall the visit was highly educational and meaningful. It provided students with rich experiences that extended learning beyond textbooks.

19. A workshop on "Jewellery Making" was organized by the Department of Home Science in collaboration with "Nav Creation Fashion Boutique", Karnal on May 15, 2025 in which approximately 15 students of Fashion Technology participated. The resource person Ms Naveen Kaushik introduced the students about the various techniques of Jewellery Making using clay. They learnt and created various designs of ear rings, pendants, neck pieces, bangles etc
20. The department organized a workshop in collaboration with "The Fashion Roots of Karnal" on May 16, 2025 on "Resin Art" where 20 students of Fashion Designing and Fashion Technology participated enthusiastically. The resource person Ms Reena Gupta acknowledged the students about the basics of Resin art material, its usage and method. She taught them about creating various decorative materials like alphabet keychain, ear rings, pendants, bookmarks and many other things. Students not only observed the demonstration but also created their own resin art decor during the workshop.
21. The Department organized a one day educational visit to Om Prakash Saraf & Sons, Karnal on May 17, 2025 in which around 10 students of Fashion Technology went for the visit. The students observed antique and modern designs of jewellery that could be accessorized with their designer wears. The students were acknowledged about the process of designing and marketing.
22. One day workshop on "Party Makeup" was organized in collaboration with "The Glam World by Rina", Karnal on June 6, 2025 where around 10 students of cosmetology participated. Ms Rina demonstrated party makeup skills including hairstyle, eye makeup and base makeup which added to the knowledge of the students.
23. A workshop on "Creative Sew" was organized in collaboration with "Preet Creations", Karnal on June 10, 2025 in which 12 students of Fashion Designing participated with the aim of learning practical sewing skills and innovation in fabric design. Ms Preety, the resource

person acknowledged the students with practical creative sewing skills and innovation in detachable collar design with lace and ribbon work. Participants actively engaged in hands-on activities, where they applied the techniques taught. The workshop was a resounding success, with participants gaining valuable knowledge and practical experience in creative sewing.

24. A one day workshop was conducted in collaboration with “Sunaina Cakes & Bakes”, Karnal on June 14, 2025 on the topic “Cookies Majic” where 17 students of Food Science & Quality Control participated. Ms Sunaina the resource person demonstrated and explained about basic baking procedures. She discussed about the various tools of baking and explained and baked variety of cookies using varied ingredients.
25. An online lecture was organized on “Fashion Brand and Business management” by Glam Treasure, Hisar on June 28, 2025 for the students of Fashion Technology and Fashion Designing. In the lecture Ms Stuti, owner of Glam Treasure Studio discussed about her journey of developing a fashion brand. She focused on various fabric embellishment techniques such as hand & machine embroidery, bead & sequence work along with latest structural designs of suits and kurtis.
26. The Department provides free counseling for Diets (Therapeutic or Special) in the Diet Clinic throughout the year to the Teaching & Non-teaching staff, Students and their family members, as per the requirements of various conditions like Weight management, Nephrology, Pediatrics, Orthopedic, Celiac disease, Diabetes, PCOD etc.
27. Cosmetology services are offered all the year round in the Department of Home Science. Various services like Hair spa, Makeup, Cleansing, Facial and many more services at nominal charges are being included.
28. Various Boutique services are also being offered that includes all type of garment stitching, alterations and designing according to the requirement of the customers at nominal charges.
29. Hobby classes were offered by the Department of Home Science in various fields like

- i. Cosmetology (Grooming Courses: Skin, Makeup and Hair Styling) in the months of May, June and July where students learnt about various services like Hairstyling, Haircuts, Coloring, Make up & Skin.
 - ii. Bakery (Baking & Chocolate Making) in the month of June where students learnt about various bakery products, flavors of chocolates and their packaging, baked salty snacks, icing and various other techniques.
 - iii. Fashion (Creative Designing & Stitching) in the month of June where the students learnt various techniques of fabric printing, embroideries, article and garment construction like co-ord sets, one piece dresses, party wear dresses etc.
30. The students of the college attended One month training in the college campus provided by the Department of Home Science in various fields like
- i. Cosmetology (Advanced Course in Makeup, Skin & Hair) in collaboration with “The Glam World by Rina, Karnal”.
 - ii. Bakery (Baking & Chocolate Making) in collaboration with “Sunaina Cakes & Bakes, Karnal”.
 - iii. Fashion (Creative Designing & Stitching) in collaboration with “Preet Creations, Karnal”.
31. The Department students under the “**Earn While You Learn Scheme**” earned approximately Rs 56,640 from various services like Boutique services, Diwali Mela Sale, Mehendi Art Services, Eatables stalls etc.
32. The funds generated by the Department by **Diwali Mela Sale** were Rs 9230; with **Beauty Services** was Rs 7495; by **One Month Training** in the college in Cosmetology (Advanced Course in Makeup, Skin & Hair) was Rs 49,350; by training in Bakery (Baking & Chocolate Making) was Rs 21,864; by training in Fashion (Creative Designing & Stitching was Rs 24,890; by **Hobby Classes** offered in Cosmetology (Grooming Courses: Skin, Makeup and Hair Styling) was Rs 56,800; Bakery Hobby Classes (Baking & Chocolate Making) was Rs 12,000; Fashion Hobby Classes (Creative Designing & Stitching) was Rs 7,600. The total amount generated was Rs 1,89,229.

33. The Department of Home Science signed MOUs with various organizations like M.R. Krishna Enterprises Ludhiana, Punjab (September 10, 2024); Glam Treasure Hisar, Haryana (February 4, 2025); Beauty & Wellness Sector Skill Council, New Delhi (May 7, 2025); The Glam World by Rina, Karnal (June 24, 2025); Preet Creations, Karnal (June 24, 2025); Sunaina Cakes & Bakes, Karnal (June 24, 2025).