

Lesson plan for the odd semester July to November 2019
 Subject- Psychology
 Class- B.A. IInd year

July, 2019 3 rd Week	Social Psychology!- Introduction of social Psychology, And Nature of social Psychology (Practical - Anger Expression/ Aggression scale)
4 th Week	Subject Matter of social Psychology, (Result, Discussion of Sociometric Method (characteristics, Techniques) Aggression scale)
5 th Week	Evaluation of sociometric method (Merits and Demerits)
August, 2019 1 st Week	Socialization!- Nature of socialization, And Process of socialization (Practical- leadership styles)
2 nd Week	Agents of socialization And Introduction of Group (Result, Discussion of leadership styles)
3 rd Week	Nature of Group, characteristics of Group, And Types of Group (Altruism scale)
4 th Week	functions of social group, social norms! Meaning, and characteristics of social norms Practical (social conformity)
5 th Week	formation of social Norms, Introduction of Leadership (Result, Discussion of social conformity)
September, 2019 1 st Week	Types and functions of leadership

2 nd Week	Theories of Leadership! Trait theory of leadership, Situational theory of leadership (Practical - Prejudice scale)
3 rd Week	Interactional theory of Leadership (Allwise) Introduction of Attitudes (Result. Discussion of Practical)
4 th Week	Attitudes! Development, And Attitude change
October, 2019 1 st Week	
2 nd Week	Prejudice! - Nature of Prejudice, And Development of Prejudice (Practical - Attitude)
3 rd Week	Stereotypes, Prosocial Behaviour!, Nature and Determinants of Prosocial Behaviour. (Result and Discussion of Attitude)
4 th Week	Vacations w.e.f. 24 th Oct to 30 th oct, 2019
Nov, 2019 1 st Week	Cognitive model
2 nd Week	Aggression! - Nature, Determinants and Prevention

Lesson plan for the odd semester July to November 2019

Subject- Psychology
Class- B.A IIIrd year

July, 2019 3 rd Week	Introduction of Psychopathology, concepts of Normality and Abnormality (criteria of Abnormality)
4 th Week	Characteristics of Normal Personality, and Abnormal personality. (Practical- Depression Inventory)
5 th Week	Models of Psychopathology! Biological Model
August, 2019 1 st Week	Psycho-dynamic Model, [Topographical Model of Personality, structural model of Personality, Developmental model] (Practical- Result of EI)
2 nd Week	Behavioural Model (Basics of Behavioural Model, Evaluation of Behavioural Model) Cognitive Model (Practical- Anxiety scale)
3 rd Week	Classification of Psychopathology: Need for classification, DSM system (Practical- Result and Discussion of Anxiety scale)
4 th Week	Diagnostic Assessment! Case History (outline for case history, Recommendations and Predictions, Interview (Types of Interview, Phases in Initial Interview, evaluation))
5 th Week	Personality Test! Projective Techniques (Types of Projective Techniques, Evaluation) (Practical- clinical Interview)
September, 2019 1 st Week	Anxiety Based Disorders: (Introduction of Anxiety Disorders), Generalized Anxiety Disorder (GAD)

2 nd Week	Obsessive compulsive Disorder (OCD), Symptoms and causes. Phobic Disorders - symptom and causes (Interview Practical - Result of clinical)
3 rd Week	Substance / Drug Abuse → Causes of Drug Abuse (Practical - TAT)
4 th Week	Consequences and Rehabilitation (Practical - Discussion of TAT)
October, 2019 1 st Week	
2 nd Week	Mood Disorders: Unipolar, symptom of unipolar, causes of unipolar. (Practical - Emotional Intelligence)
3 rd Week	Bipolar! - Symptom of Bipolar, causes of Bipolar. (Practical - Result and Discussion of Emotional Intelligence)
4 th Week	Vacations w.e.f. 24 th Oct to 30 th Oct, 2019
Nov, 2019 1 st Week	Schizophrenia! Nature of Schizophrenia
2 nd Week	Types of schizophrenia, and causes of schizophrenia (Practical - PGI Scale)

Lesson plan for the odd semester July to November 2019
 Subject- Psychology
 Class- B.A Ist year

July, 2019 3 rd Week	Psychology! Introduction, History, Emergence as Science.
4 th Week	Subject Matter of Psychology (Practical - Eysenck Personality Inventory (EPI))
5 th Week	Methods of Psychology! Experimental Method (steps) (Result and Discussion of EPI)
August, 2019 1 st Week	Evaluation of Experimental method, Observation Method.
2 nd Week	Survey Method. Sensory Processes! Visual, Auditory structure and functions of Eye. Structure of Ear (Practical - study of Emotion)
3 rd Week	functions of Ear, Perception! Nature, perception of -form - (laws of Perception) (Result and Discussion of study of Emotion)
4 th Week	figure and Ground, Perceptual organization, (Practical - Observation)
5 th Week	Depth perception - Cues (Binocular visual Cues) (Result and Discussion of observation)
September , 2019 1 st Week	Monocular cues, Emotion! - Nature,

2 nd Week	Theories of Emotion! James-Lange theory Cannon-Bard theory (Practical- verbal test of Intelligence)
3 rd Week	Evaluation of Cannon-Bard theory, Schachter-Singer theory. (Result and Discussion of Intelligence test)
4 th Week	Motivation! Nature and Biological Motives. (Practical- Test of Motivation)
October, 2019 1 st Week	
2 nd Week	Motivation - Psychological Motives, Personality-Nature,
3 rd Week	Determinants of Personality, Type and Trait Approach of Personality. Practical (Result, Discussion of Motivation)
4 th Week	Vacations w.e.f. 24 th Oct to 30 th Oct, 2019
Nov, 2019 1 st Week	Intelligence! - Nature of Intelligence
2 nd Week	Theories of Intelligence :- Spearman, Thurstone Cattell Practical- sound localization