

KVA DAV College for Women, Karnal

Lesson Plan for the Odd Semester (September to December, 2022)

Name of the Teacher – Dr. Shikha Tyagi

Class- Psychology

Subject- Introduction to Psychology

Paper- B.A. 1 Year (1 sem)

September, 2022 1 st Week 1 Sept-3 Sept	
4 Sept, 2022	Sunday
2 nd Week 5 Sept- 10 Sept	
11 Sept, 2022	Sunday
3 rd Week 12 Sept-17 Sept	Unit-I History and Emergence of Psychology as Science Subject matter of psychology
18 Sept, 2022	Sunday
4 th Week 19 Sept-24 Sept	Methods of Psychology: Experimental, Observation, Survey
23 Sept,2022 25 Sept, 2022 26 Sept, 2022	Shaheedi Divas/ Haryana War Heroes' Martyrdom Day Sunday Maharana Agrasen Jayanti
5 th Week 27 Sept - 29 Sept	Unit-II Sensory Processes: Visual, Auditory – Structure and Functions of Eye and Ear.
30 Sept, 2022	Talent show

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2 Oct, 2022	Sunday
1 st Week 3 Oct - 8 Oct	Motivation: Nature, Biological Motives
5 Oct, 2022 9 Oct, 2022	Dussehra Sunday
2 nd Week 10 Oct - 15 Oct	Psychological Motives
13 Oct, 2022 16 Oct, 2022	Karwa Chauth Sunday
3 rd Week 17 Oct - 21 Oct	Unit-IV Personality: Nature, Determinants of Personality
22 Oct - 26 Oct	Diwali Break
4 th Week 27 Oct - 31 Oct	Type Approach of Personality
30 Oct, 2022	Sunday

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Subject- Introduction to Psychology

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November, 2022 1 st Week 1 Nov, 2022	Haryana Day
1 st Week 2 Nov - 5 Nov	Trait Approach of Personality
6 Nov, 2022	Sunday
2 nd Week 7 Nov – 12 Nov	Intelligence: Meaning and Nature
8 Nov,2022 13 Nov, 2022	Sh. Guru Nanak Dev jayanti Sunday
3 rd Week 14 Nov - 19 Nov	Intelligence Theories: Spearman, Thurstone, and Cattell.
20 Nov, 2022	Sunday
4 th Week 21 Nov - 26 Nov	Intelligence Theories: Spearman, Thurstone, and Cattell. (Contd.)
27 Nov, 2022	Sunday
5 th Week 28 Nov – 3 Dec	Sessional Exams
4 Dec, 2022	Sunday
2 nd Week 5 Dec - 10 Dec	Revision
3 rd Week 15 Dec,2022 Onwards	University Examination

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Lesson Plan for the Odd Semester (September to December, 2022)

Name of the Teacher – Dr. Shikha Tyagi

Subject- Psychology

Paper- Social Psychology

Class- B.A 2 Year (3 sem)

September, 2022 1 st Week 1 Sept-3 Sept	
4 Sept, 2022	Sunday
2 nd Week 5 Sept- 10 Sept	
11 Sept, 2022	Sunday
3 rd Week 12 Sept-17 Sept	Unit-I Meaning and Nature of Social Psychology
18 Sept, 2022	Sunday
4 th Week 19 Sept-24 Sept	Subject Matter of Social Psychology
23 Sept, 2022 25 Sept, 2022 26 Sept, 2022	Shaheedi Divas/ Haryana War Heroes' Martyrdom Day Sunday Maharana Agrasen Jayanti
5 th Week 27 Sept - 29 Sept	Sociometric Method
30 Sept, 2022	Talent show

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Name of the Teacher – Dr. Shikha Tyagi

Subject- Psychology

Paper- Social Psychology

Class- B.A 2 Year (3 sem)

2 Oct, 2022	Sunday
1 st Week 3 Oct - 8 Oct	Socialization: Meaning, Nature, Process and Agents
5 Oct,2022 9 Oct,2022	Dussehra Sunday
2 nd Week 10 Oct - 15 Oct	Unit-II Group: Types and Functions
13 Oct, 2022 16 Oct,2022	Karwa Chauth Sunday
3 rd Week 17 Oct - 21 Oct	Social Norms: Meaning, Characteristics and Formation
22 Oct - 26 Oct	Diwali Break
4 th Week 27 Oct - 31 Oct	Leadership: Types, Function, Theories– Trait, Situational, and Interactional
30 Oct, 2022	Sunday

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Subject- Psychology

Paper- Social Psychology

Class- B.A 2 Year (3 sem)

November, 2022 1 st Week 1 Nov, 2022	Haryana Day
1 st Week 2 Nov - 5 Nov	Unit-III Attitudes: Characteristics, Development, Attitude change
6 Nov, 2022	Sunday
2 nd Week 7 Nov – 12 Nov	Prejudice: Nature and Development Stereotype: Nature and Development
8 Nov,2022 13 Nov, 2022	Sh. Guru Nanak Dev jayanti Sunday
3 rd Week 14 Nov - 19 Nov	Prosocial Behaviour: Meaning and Nature, Determinants, Cognitive Model
20 Nov, 2022	Sunday
4 th Week 21 Nov - 26 Nov	Aggression: Nature, Determinants and Prevention
27 Nov, 2022	Sunday
5 th Week 28 Nov – 3 Dec	Sessional Exams
4 Dec, 2022	Sunday
2 nd Week 5 Dec - 10 Dec	Revision
3 rd Week 15 Dec,2022 Onwards	University Examination

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Lesson Plan for the Odd Semester (September to December, 2022)

Name of the Teacher – Dr. Shikha Tyagi

Subject- Psychology

Paper- Psychopathology

Class- B.A 3 Year (5 sem)

September, 2022 1 st Week 1 Sept-3 Sept	-
4 Sept, 2022	Sunday
2 nd Week 5 Sept- 10 Sept	-
11 Sept, 2022	Sunday
3 rd Week 12 Sept-17 Sept	Unit-I Concept of Normality and abnormality
18 Sept, 2022	Sunday
4 th Week 19 Sept-24 Sept	Models of Psychopathology: Biological and Psychodynamic
23 Sept,2022 25 Sept, 2022 26 Sept, 2022	Shaheedi Divas/ Haryana War Heroes' Martyrdom Day Sunday Maharana Agrasen Jayanti
5 th Week 27 Sept - 29 Sept	Behavioural and Cognitive models of Psychopathology
30 Sept, 2022	Talent show

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Lesson Plan for the Odd Semester (September to December, 2022)

Name of the Teacher – Dr. Shikha Tyagi

Subject- Psychology

Paper- Psychopathology

Class- B.A 3 Year (5 sem)

2 Oct, 2022	Sunday
1 st Week 3 Oct - 8 Oct	Unit-II Classification of Psychopathology Need for Classification and DSM system
5 Oct,2022 9 Oct,2022	Dussehra Sunday
2 nd Week 10 Oct - 15 Oct	Diagnostic Assessment: Case History, Interview Projective Techniques
13 Oct, 2022 16 Oct,2022	Karwa Chauth Sunday
3 rd Week 17 Oct - 21 Oct	Unit-III GAD-Symptom and Causes.
22 Oct - 26 Oct	Diwali Break
4 th Week 27 Oct - 31 Oct	OCD-Symptom and Causes Phobic Disorders-Symptom and Causes
30 Oct, 2022	Sunday

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Subject- Psychology

Paper- Psychopathology

Class- B.A 3 Year (5 sem)

November, 2022 1 st Week 1 Nov, 2022	Haryana Day
1 st Week 2 Nov - 5 Nov	Substance/Drug Abuse –Causes, Consequences and Rehabilitation
6 Nov, 2022	Sunday
2 nd Week 7 Nov – 12 Nov	Unit-IV Mood Disorders: Unipolar Disorder - Symptoms and Causes
8 Nov,2022 13 Nov, 2022	Sh. Guru Nanak Dev jayanti Sunday
3 rd Week 14 Nov - 19 Nov	Bipolar Disorder - Symptoms and Causes
20 Nov, 2022	Sunday
4 th Week 21 Nov - 26 Nov	Schizophrenia: Nature, Types, and Causes
27 Nov, 2022	Sunday
5 th Week 28 Nov – 3 Dec	Sessional Exams
4 Dec, 2022	Sunday
2 nd Week 5 Dec - 10 Dec	Revision
3 rd Week 15 Dec,2022 Onwards	University Examination