

KVA DAV College for Women, Karnal

Lesson plan for the odd semester (October, 2021 to February, 2022)

Name of the Teacher – Dr. Shikha Tyagi

Subject- Psychology

Paper- Introduction to Psychology

Class- B.A. 1 Year (1 sem)

October, 2021 2 nd Week 11 Oct-16 Oct	Unit-I History and Emergence of Psychology as Science
15 Oct, 2021 17 Oct, 2021	(Dussehra) Sunday
3 th Week 18 Oct-23 Oct	Subject matter of psychology
20 Oct, 2021 24 Oct, 2021	Maharishi Valmiki Jayanti Sunday
4 th Week 25 Oct-30 Oct	Methods of Psychology: Experimental, Observation, Survey
31 Oct, 2021	Sunday
November, 2021 1 st Week 1 Nov-7 Nov	(Haryana Day) Diwali Holidays
2 nd Week 8 Nov-13 Nov	Unit-II Sensory Processes: Visual, Auditory – Structure and Functions of Eye and Ear.
14 Nov, 2021	Sunday
3 rd Week 15 Nov-20 Nov	Perception: Nature, Perception of form – Figure and Ground
21 Nov, 2021	Sunday
4 th Week 22 Nov-27 Nov	Perceptual Organization, Depth Perception–Cues

28 Nov, 2021	Sunday
Dec, 2021 1 st Week 29 Nov-04 Dec	Unit-III Emotion: Nature, Bodily Changes
05 Dec, 2021	Sunday
2 nd Week 06 Dec -11 Dec	Theories of Emotion: James-Lange, Cannon-Bard and Schachter–Singer
12 Dec,2021	Sunday

3 rd week 13 Dec -18 Dec	Motivation: Nature, Biological Motives
19 Dec,2021	Sunday
4 th Week 20 Dec-24 Dec	Psychological Motives
25 Dec,2021 26 Dec,2021	Christmas Sunday
5 th Week 27 Dec -01 Jan	Unit-IV Personality: Nature, Determinants of Personality
2 Jan ,2022	Sunday
Jan ,2022 1 st week 3 Jan – 8 Jan	Type Approach of Personality
9 Jan ,2022	Sunday (Sh. Guru Gobind Singh's Birthday)

2 nd week 10 Jan – 15 Jan	Trait Approach of Personality
16 Jan ,2022	Sunday
3 rd week 17 Jan – 22 Jan	Intelligence: Meaning and Nature
23 Jan ,2022	Sunday
4 th Week 24 Jan – 29 Jan	Intelligence Theories: Spearman, Thurstone, and Cattell.
26 Jan, 2022 30 Jan ,2022	Republic Day Sunday
Feb, 2021 1 st week 1 Feb-4 Feb	Sessional and Revision
5 Feb, 2022 6 Feb ,2022	Vasant Panchmi Sunday
2 nd week 7 Feb- 12 Feb	Revision
13 Feb ,2022	Sunday
3 rd week 14 Feb- 19 Feb	Revision

KVA DAV College for Women, Karnal

Lesson plan for the odd semester (October, 2021 to February, 2022)

Name of the Teacher – Dr. Shikha Tyagi

Subject- Psychology

Paper- Social Psychology

Class- B.A. 2 Year (3 sem)

October, 2021 2 rd Week 11 Oct-16 Oct	Unit-I Meaning and Nature of Social Psychology
15 Oct, 2021 17 Oct, 2021	(Dussehra) Sunday
3 th Week 18 Oct-23 Oct	Subject Matter of Social Psychology
20 Oct, 2021 24 Oct, 2021	Maharishi Valmiki Jayanti Sunday
4 th Week 25 Oct-30 Oct	Sociometric Method
31 Oct, 2021	Sunday
November, 2021 1 st Week 1 Nov-7 Nov	(Haryana Day) Diwali Holidays
2 nd Week 8 Nov-13 Nov	Socialization: Meaning and Nature
14 Nov, 2021	Sunday
3 rd Week 15 Nov-20 Nov	Process and Agents of Socialization
21 Nov, 2021	Sunday
4 th Week 22 Nov-27	Unit-II Group: Types and Functions
28 Nov, 2021	Sunday
Dec, 2021 1 st Week 29 Nov-04 Dec	Social Norms: Meaning, Characteristics and Formation
05 Dec, 2021	Sunday
2 nd Week 06 Dec -11 Dec	Leadership: Types, Function
12 Dec,2021	Sunday
3 rd week 13 Dec -18 Dec	Leadership Theories– Trait, Situational, and Interactional
19 Dec,2021	Sunday

4 th Week 20 Dec-24 Dec	Unit-III Attitudes: Characteristics, Development
25 Dec,2021 26 Dec,2021	Christmas Sunday
5 th Week 27 Dec -01 Jan	Attitude change
2 Jan ,2022	Sunday
Jan ,2022 1 st week 3 Jan – 8 Jan	Prejudice: Nature and Development
9 Jan ,2022	Sunday (Sh. Guru Gobind Singh's Birthday)

2 nd week 10 Jan – 15 Jan	Stereotypes: Nature and Development
16 Jan ,2022	Sunday
3 rd week 17 Jan – 22 Jan	Prosocial Behaviour: Meaning and Nature
23 Jan ,2022	Sunday
4 th Week 24 Jan – 29 Jan	Prosocial Behaviour: Determinants, Cognitive Model
26 Jan, 2022 30 Jan ,2022	Republic Day Sunday
Feb, 2021 1 st week 1 Feb-4 Feb	Aggression: Nature, Determinants
5 Feb, 2022 6 Feb ,2022	Vasant Panchmi Sunday
2 nd week 7 Feb- 12 Feb	Prevention of Aggressive Behaviour and Revision
13 Feb ,2022	Sunday
3 rd week 14 Feb- 19 Feb	Sessional and Revision

KVA DAV College for Women, Karnal

Lesson plan for the odd semester (October, 2021 to February, 2022)

Name of the Teacher – Dr. Shikha Tyagi

Subject- Psychology

Paper- Psychopathology

Class- B.A 3 Year (5 sem)

October, 2021 2 nd Week 11 Oct-16 Oct	Unit-I Concept of Normality
15 Oct, 2021 17 Oct, 2021	(Dussehra) Sunday
3 th Week 18 Oct-23 Oct	Concept of Abnormality
20 Oct, 2021 24 Oct, 2021	Maharishi Valmiki Jayanti Sunday
4 th Week 25 Oct-30 Oct	Models of Psychopathology: Biological and Psychodynamic
31 Oct, 2021	Sunday
November, 2021 1 st Week 1 Nov-7 Nov	(Haryana Day) Diwali Holidays
2 nd Week 8 Nov-13 Nov	Behavioural and Cognitive models of Psychopathology
14 Nov, 2021	Sunday
3 rd Week 15 Nov-20 Nov	Unit-II Classification of Psychopathology
21 Nov, 2021	Sunday
4 th Week 22 Nov-27	Need for Classification and DSM system

28 Nov, 2021	Sunday
Dec, 2021 1 st Week 29 Nov-04 Dec	Diagnostic Assessment: Case History, Interview
05 Dec, 2021	Sunday
2 nd Week 06 Dec -11 Dec	Projective Techniques
12 Dec,2021	Sunday
3 rd week 13 Dec -18 Dec	Unit-III GAD -Symptom and Causes.
19 Dec,2021	Sunday

4 th Week 20 Dec-24 Dec	OCD-Symptom and Causes
25 Dec,2021 26 Dec,2021	Christmas Sunday
5 th Week 27 Dec -01 Jan	Phobic Disorders-Symptom and Causes
2 Jan ,2022	Sunday
Jan ,2022 1 st week 3 Jan – 8 Jan	Substance/Drug Abuse – Causes
9 Jan ,2022	Sunday (Sh. Guru Gobind Singh's Birthday)

2 nd week 10 Jan – 15 Jan	Substance/Drug Abuse – Consequences and Rehabilitation
16 Jan ,2022	Sunday
3 rd week 17 Jan – 22 Jan	Unit-IV Mood Disorders: Unipolar - Symptoms and Causes
23 Jan ,2022	Sunday
4 th Week 24 Jan – 29 Jan	Bipolar Disorder-Symptoms and Causes
26 Jan, 2022 30 Jan ,2022	Republic Day Sunday
Feb, 2021 1 st week 1 Feb-4 Feb	Schizophrenia: Nature, Types, and Causes
5 Feb, 2022 6 Feb ,2022	Vasant Panchmi Sunday
2 nd week 7 Feb- 12 Feb	Sessional and Revision
13 Feb ,2022	Sunday
3 rd week 14 Feb- 19 Feb	Sessional and Revision