

**KVA DAV College for Women, Karnal**

**Lesson Plan for the Odd Semester, 2023  
(August - December)**

**Name of the Teacher** – Ms. Monika Singh

**Class-** BA 1<sup>st</sup> year

**Subject-** Psychology

**Paper-** Foundations of Psychology

<b>August, 2023</b> <b>1<sup>st</sup> Week</b> <b>1 Aug - 5 Aug</b>	Introduction: Nature and scope of Psychology; Psychology as a science
<b>6 Aug, 2023</b>	<b>Sunday</b>
<b>2<sup>nd</sup> Week</b> <b>7 Aug - 12 Aug</b>	Psychology's present status, Psychology in India. Practical 1: Personality test.
<b>13 Aug, 2023</b>	<b>Sunday</b>
<b>3<sup>rd</sup> Week</b> <b>14 Aug-19 Aug</b>	Sensation: Nature, Characteristics, Types.
<b>15 Aug, 2023</b> <b>20 Aug, 2023</b>	<b>Independence Day</b> <b>Sunday</b>
<b>4<sup>th</sup> Week</b> <b>21 Aug - 26 Aug</b>	Structure and functions of Visual and Auditory sensation.
<b>27 Aug, 2023</b>	<b>Sunday</b>
<b>5<sup>th</sup> Week</b> <b>28 Aug - 31 Aug</b>	Attention : Nature and characteristics , Performance Test of Intelligence.
<b>30 Aug, 2023</b>	<b>Raksha Bandhan</b>

**KVA DAV College for Women, Karnal**

**Lesson Plan for the Odd Semester, 2023  
(August - December)**

**Name of the Teacher** – Ms. Monika Singh

**Class-** B.A 1<sup>ST</sup> Year

**Subject-** Psychology

**Paper-** Foundation of Psychology

<b>September, 2023</b> <b>1<sup>st</sup> Week</b> <b>1 Sept - 2 Sept</b>	Emotion: Nature,
<b>3 Sept, 2023</b>	<b>Sunday</b>
<b>2<sup>nd</sup> Week</b> <b>4 Sept - 9 Sept</b>	Factor affecting and theories : James-Lange ,Cannon-Bard, Assignment-1
<b>5 Sept, 2023</b> <b>7 Sept, 2023</b> <b>10 Sept, 2023</b>	<b>Talent Show</b> <b>Janmastami</b> <b>Sunday</b>
<b>3<sup>rd</sup> Week</b> <b>11 Sept-16 Sept</b>	Schachter - Singer Theory of Emotion, Motivation: Needs, Drives,
<b>17 Sept, 2023</b>	<b>Sunday</b>
<b>4<sup>th</sup> Week</b> <b>18 Sept - 22 Sept</b>	Incentives , Practical-3 (Judging Emotion by Photographs)
<b>23 Sept, 2023</b> <b>24 Sept, 2023</b> <b>25 Sept, 2023</b>	<b>Shaheedi Divas/Haryana War Heroes' Martyrdom Day</b> <b>Sunday</b> <b>Annual Prize Distribution Function</b>
<b>5<sup>th</sup> Week</b> <b>26 Sept - 30 Sept</b>	Biological and social motives. Personality: Nature,

**KVA DAV College for Women, Karnal**

**Lesson Plan for the Odd Semester, 2023  
(August - December)**

**Name of the Teacher** – Ms. Monika Singh

**Class-** B.A 1<sup>st</sup> Year

**Subject-** Psychology

**Paper-**Foundation Of Psychology

<b>October, 2023</b> <b>1 Oct , 2023</b> <b>2 Oct, 2023</b>	<b>Sunday</b> <b>Mahatama Gandhi Jayanti</b>
<b>1<sup>st</sup> Week</b> <b>3 Oct – 7 Oct</b>	Factors affecting and Theories: Allport, Cattell,
<b>8 Oct, 2023</b>	<b>Sunday</b>
<b>2<sup>nd</sup> Week</b> <b>9 Oct - 14 Oct</b>	Eysenck .Intelligence:Nature, Practical – 4 (Verbal Test Of Intelligence )
<b>15 Oct, 2023</b>	<b>Maharaja Agrasen Jayanti, Sunday</b>
<b>3<sup>rd</sup> Week</b> <b>16 Oct - 21 Oct</b>	Factors affecting of Intelligence and Theories : Spearman , Assignment-2
<b>22 Oct, 2023</b>	<b>Sunday</b>
<b>4<sup>th</sup> Week</b> <b>23 Oct – 27 Oct</b>	Thurston, Cattell
<b>24 Oct, 2023</b> <b>28 Oct, 2023</b> <b>29 Oct, 2023</b>	<b>Dussehra</b> <b>Maharishi Valmiki Jayanti</b> <b>Sunday</b>
<b>5<sup>th</sup> Week</b> <b>30 Oct – 31 Oct</b>	Class test
<b>25 Oct – 4 Nov, 2023</b>	<b>Sessional Exams</b>

**KVA DAV College for Women, Karnal**

**Lesson Plan for the Odd Semester, 2023  
(August - December)**

**Name of the Teacher** – Ms. Monika Singh

**Class-** B.A 1<sup>ST</sup> Year

**Subject-** Psychology

**Paper-** Foundation Of Psychology

<b>November, 2023</b> <b>1<sup>st</sup> Week</b> <b>1 Nov, 2023</b> <b>5 Nov, 2023</b>	<b>Haryana Day</b> <b>Sunday</b>
<b>2<sup>nd</sup> Week</b> <b>6 Nov – 9 Nov</b>	Practical-5 ,16 PF Questionnaire , Revision
<b>10 Nov - 16 Nov</b> <b>, 2023</b>	<b>Diwali Break</b>
<b>3<sup>rd</sup> Week</b> <b>17 Nov - 18 Nov</b>	Practical Checked
<b>19 Nov, 2023</b>	<b>Sunday</b>
<b>4<sup>th</sup> Week</b> <b>20 Nov - 24 Nov</b>	<b>Revision, Practical checked , Oral Test.</b>
<b>5<sup>th</sup> Week</b> <b>25 Nov, 2023</b> <b>Onwards</b>	<b>University Examination</b>

**KVA DAV College for Women, Karnal**

**Lesson Plan for the Odd Semester, 2023**

**(August - December)**

**Name of the Teacher** – Ms. Monika Singh

**Class-** BA 2<sup>nd</sup> year

**Subject-** Psychology

**Paper-** Social Psychology

<b>August, 2023</b> <b>1<sup>st</sup> Week</b> <b>1 Aug - 5 Aug</b>	Introduction: Nature, Subject Matter, Sociometric Method
<b>6 Aug, 2023</b>	<b>Sunday</b>
<b>2<sup>nd</sup> Week</b> <b>7 Aug - 12 Aug</b>	Practical 1: Sociometry Socialization: Nature, Process
<b>13 Aug, 2023</b>	<b>Sunday</b>
<b>3<sup>rd</sup> Week</b> <b>14 Aug-19 Aug</b>	Agents of Socialization; Group: Types
<b>15 Aug, 2023</b> <b>20 Aug, 2023</b>	<b>Independence Day</b> <b>Sunday</b>
<b>4<sup>th</sup> Week</b> <b>21 Aug - 26 Aug</b>	Group: Functions Practical 2: Aggression Scale Social Norms: Meaning, Characteristics
<b>27 Aug, 2023</b>	<b>Sunday</b>
<b>5<sup>th</sup> Week</b> <b>28 Aug - 31Aug</b>	Social Norms: Formation Leadership: Types
<b>30 Aug, 2023</b>	<b>Raksha Bandhan</b>

**KVA DAV College for Women, Karnal**  
**Lesson Plan for the Odd Semester, 2023**  
**(August - December)**

**Name of the Teacher** – Ms. Monika Singh

**Class-** BA 2<sup>nd</sup> year

**Subject-** Psychology

**Paper-** Social Psychology

<b>September, 2023</b> <b>1<sup>st</sup> Week</b> <b>1 Sept - 2 Sept</b>	Leadership: Functions Practical 3: Leadership Preference Scale
<b>3 Sept, 2023</b>	<b>Sunday</b>
<b>2<sup>nd</sup> Week</b> <b>4 Sept - 9 Sept</b>	Leadership: Theories- Trait, Situational, Interactional
<b>5 Sept, 2023</b> <b>7 Sept, 2023</b> <b>10 Sept, 2023</b>	<b>Talent Show</b> <b>Janmastami</b> <b>Sunday</b>
<b>3<sup>rd</sup> Week</b> <b>11 Sept-16 Sept</b>	Attitudes: Characteristics, Development and attitude change
<b>17 Sept, 2023</b>	<b>Sunday</b>
<b>4<sup>th</sup> Week</b> <b>18 Sept - 22 Sept</b>	Practical 4: Altruism Scale Prejudice: Nature
<b>23 Sept, 2023</b> <b>24 Sept, 2023</b> <b>25 Sept, 2023</b>	<b>Shaheedi Divas/Haryana War Heroes' Martyrdom Day</b> <b>Sunday</b> <b>Annual Prize Distribution Function</b>
<b>5<sup>th</sup> Week</b> <b>26 Sept - 30 Sept</b>	Prejudice: Development, Stereotypes

**KVA DAV College for Women, Karnal**  
**Lesson Plan for the Odd Semester, 2023**  
**(August - December)**

**Name of the Teacher** – Ms. Monika Singh

**Class-** BA 2<sup>nd</sup> Year

**Subject-** Psychology

**Paper-** Social Psychology

<b>October, 2023</b>	
<b>1 Oct, 2023</b>	<b>Sunday</b>
<b>2 Oct, 2023</b>	<b>Mahatama Gandhi Jayanti</b>
<b>1<sup>st</sup> Week</b> <b>3 Oct – 7 Oct</b>	Prosocial Behaviour: Nature, Determinants
<b>8 Oct, 2023</b>	<b>Sunday</b>
<b>2<sup>nd</sup> Week</b> <b>9 Oct - 14 Oct</b>	Cognitive Model of Prosocial Behaviour Practical 5: Stereotype Assessment Assignment 1
<b>15 Oct, 2023</b>	<b>Maharaja Agrasen Jayanti, Sunday</b>
<b>3<sup>rd</sup> Week</b> <b>16 Oct - 21 Oct</b>	Aggression: Nature, Determinants Assignment 2
<b>22 Oct, 2023</b>	<b>Sunday</b>
<b>4<sup>th</sup> Week</b> <b>23 Oct – 27 Oct</b>	Aggression: Preventions Practical 6: Social Facilitation
<b>24 Oct, 2023</b>	<b>Dussehra</b>
<b>28 Oct, 2023</b>	<b>Maharishi Valmiki Jayanti</b>
<b>29 Oct, 2023</b>	<b>Sunday</b>
<b>5<sup>th</sup> Week</b> <b>30 Oct – 31 Oct</b>	Practical Index Signed
<b>25 Oct – 4 Nov, 2023</b>	<b>Sessional Exams</b>

**KVA DAV College for Women, Karnal**  
**Lesson Plan for the Odd Semester, 2023**  
**(August - December)**

**Name of the Teacher** – Ms. Monica Singh

**Class-** BA 2<sup>nd</sup> Year

**Subject-** Psychology

**Paper-** Social Psychology

<b>November, 2023</b> <b>1<sup>st</sup> Week</b> <b>1 Nov, 2023</b> <b>5 Nov, 2023</b>	<b>Haryana Day</b> <b>Sunday</b>
<b>2<sup>nd</sup> Week</b> <b>6 Nov – 9 Nov</b>	Practical Checked Revision
<b>10 Nov - 16 Nov</b> <b>, 2023</b>	<b>Diwali Break</b>
<b>3<sup>rd</sup> Week</b> <b>17 Nov - 18 Nov</b>	Class Test
<b>19 Nov, 2023</b>	<b>Sunday</b>
<b>4<sup>th</sup> Week</b> <b>20 Nov - 24 Nov</b>	Revision Index Signed
<b>5<sup>th</sup> Week</b> <b>25 Nov, 2023</b> <b>Onwards</b>	Oral test Revision



**KVA DAV College for Women, Karnal**  
**Lesson Plan for the Odd Semester, 2023**  
**(August - December)**

**Name of the Teacher** – Ms. Monika Singh

**Class-** BA 3<sup>rd</sup> Year

**Subject-** Psychology

**Paper-** Psychopathology

<b>August, 2023</b> <b>1<sup>st</sup> Week</b> <b>1 Aug - 5 Aug</b>	Concept of Normally and Abnormability Models of Psychopathology: Biological Practical 1: MDS- Mental Depression Scale
<b>6 Aug, 2023</b>	<b>Sunday</b>
<b>2<sup>nd</sup> Week</b> <b>7 Aug - 12 Aug</b>	Psychopathology: Psychodynamic, Behavioural and Cognitive Model
<b>13 Aug, 2023</b>	<b>Sunday</b>
<b>3<sup>rd</sup> Week</b> <b>14 Aug-19 Aug</b>	Classification of Pscyhopathology: Need for classification Practical 2: SCAT- Sinha’s Comprehension Anxiety Test
<b>15 Aug, 2023</b> <b>20 Aug, 2023</b>	<b>Independence Day</b> <b>Sunday</b>
<b>4<sup>th</sup> Week</b> <b>21 Aug - 26 Aug</b>	DSM System, Diagnostic Assessment: Case History
<b>27 Aug, 2023</b>	<b>Sunday</b>
<b>5<sup>th</sup> Week</b> <b>28 Aug - 31Aug</b>	Diagnostic Assessment: Interview Method, Projective techniques
<b>30 Aug, 2023</b>	<b>Raksha Bandhan</b>

**KVA DAV College for Women, Karnal**  
**Lesson Plan for the Odd Semester, 2023**  
**(August - December)**

**Name of the Teacher** – Ms. Monika Singh

**Class-** BA 3<sup>rd</sup> Year

**Subject-** Psychology

**Paper-** Psychopathology

<b>September, 2023</b> <b>1<sup>st</sup> Week</b> <b>1 Sept - 2 Sept</b>	Anxiety Based Disorders: GAD- Symptoms and causes
<b>3 Sept, 2023</b>	<b>Sunday</b>
<b>2<sup>nd</sup> Week</b> <b>4 Sept - 9 Sept</b>	Anxiety Based Disorders: OCD- Symptoms and causes Practical 3: PGI- Memory Scale
<b>5 Sept, 2023</b> <b>7 Sept, 2023</b> <b>10 Sept, 2023</b>	<b>Talent Show</b> <b>Janmastami</b> <b>Sunday</b>
<b>3<sup>rd</sup> Week</b> <b>11 Sept-16 Sept</b>	Phobic Disorders- Symptoms and causes Substance/Drug Abuse: Causes, consequences
<b>17 Sept, 2023</b>	<b>Sunday</b>
<b>4<sup>th</sup> Week</b> <b>18 Sept - 22 Sept</b>	Substance/ Drug Abuse: Rehabilitation Practical 4: EIS- Emotional Inventory Scale
<b>23 Sept, 2023</b> <b>24 Sept, 2023</b> <b>25 Sept, 2023</b>	<b>Shaheed Divas/Haryana War Heroes' Martyrdom Day</b> <b>Sunday</b> <b>Annual Prize Distribution Function</b>
<b>5<sup>th</sup> Week</b> <b>26 Sept - 30 Sept</b>	Mood Disorders: Unipolar disorder- Symptoms and Causes

**KVA DAV College for Women, Karnal**  
**Lesson Plan for the Odd Semester, 2023**  
**(August - December)**

**Name of the Teacher** – Ms. Monica Singh

**Class-** BA 3<sup>rd</sup> Year

**Subject-** Psychology

**Paper-** Psychopathology

<b>October, 2023</b> <b>1 Oct , 2023</b> <b>2 Oct, 2023</b>	<b>Sunday</b> <b>Mahatama Gandhi Jayanti</b>
<b>1<sup>st</sup> Week</b> <b>3 Oct – 7 Oct</b>	Mood Disorders: Bipolar Disorder- Symptoms and Causes Practical 5: DMI- Defense Mechanism Inventory
<b>8 Oct, 2023</b>	<b>Sunday</b>
<b>2<sup>nd</sup> Week</b> <b>9 Oct - 14 Oct</b>	Schizophrenia: Nature, Types Assignment 1
<b>15 Oct, 2023</b>	<b>Maharaja Agrasen Jayanti, Sunday</b>
<b>3<sup>rd</sup> Week</b> <b>16 Oct - 21 Oct</b>	Schizophrenia: Causes Assignment 2
<b>22 Oct, 2023</b>	<b>Sunday</b>
<b>4<sup>th</sup> Week</b> <b>23 Oct – 27 Oct</b>	Practical 6: SCI- Structured Clinical Interview
<b>24 Oct, 2023</b> <b>28 Oct, 2023</b> <b>29 Oct, 2023</b>	<b>Dussehra</b> <b>Maharishi Valmiki Jayanti</b> <b>Sunday</b>
<b>5<sup>th</sup> Week</b> <b>30 Oct – 31 Oct</b>	Practical Index Signed
<b>25 Oct – 4 Nov, 2023</b>	Sessional Exams

**KVA DAV College for Women, Karnal**  
**Lesson Plan for the Odd Semester, 2023**  
**(August - December)**

**Name of the Teacher** – Ms. Monika Singh

**Class-** BA 3<sup>rd</sup> Year

**Subject-** Psychology

**Paper-** Psychopathology

<b>November, 2023</b> <b>1<sup>st</sup> Week</b> <b>1 Nov, 2023</b> <b>5 Nov, 2023</b>	<b>Haryana Day</b> <b>Sunday</b>
<b>2<sup>nd</sup> Week</b> <b>6 Nov – 9 Nov</b>	Practical Checked, Revision
<b>10 Nov - 16 Nov</b> <b>, 2023</b>	<b>Diwali Break</b>
<b>3<sup>rd</sup> Week</b> <b>17 Nov - 18 Nov</b>	Oral Test
<b>19 Nov, 2023</b>	<b>Sunday</b>
<b>4<sup>th</sup> Week</b> <b>20 Nov - 24 Nov</b>	Practical Checked, Revision
<b>5<sup>th</sup> Week</b> <b>25 Nov, 2023</b> <b>Onwards</b>	Practical Checked, Revision, Written Tests