

KUMARI VIDYAVATI ANAND D.A.V College for Women, Karnal

Lesson Plan for the Even Semester (January to May,2025)

Name of the Teacher– Ms. Monika Singh

Class- BA Ist Year

Subject- Psychology

Paper- Social Psychology

January, 2025 4thWeek 20 Jan-25Jan	Introduction: Meaning, History, Scope
26 Jan,2025	Sunday, Republic Day
5thWeek 27Jan– 31 Jan	Relationship of social psychology with anthropology and sociology Practical 1(Sociometry)

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Subject- Psychology

Paper- Social Psychology

February, 2025 1st Week 1 Feb, 2025	Determinants of Social Behaviour
2 Feb, 2025	Sunday, BasantPanchmi
2nd Week 3 Feb – 8 Feb	Methods: Observation, sociometry
9 Feb, 2025	Sunday
3rd Week 10Feb -15 Feb	Survey Method Practical 2: Altruism scale
12 Feb, 2025 16 Feb, 2025	Guru RavidasJayanti Sunday
4th Week 17 Feb-22 Feb	Socialization: Nature, Agencies Practical sign
23 Feb, 2025	Sunday
5th Week 24 Feb- 28 Feb	Factor affecting socialization Perception: Nature
26 Feb, 2025	MahaShivratri

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March,2025 1st Week 1 March, 2025	Practical 3rd: Measurement of Attitude
2 March,2025	Sunday
2nd Week 3 March– 8 March	Determinants, Attitude: Nature, formation Assignment 1
3rd Week 9 March - 16 March	Holi Vacations
4th Week 17 March–22 March	Attitude: Change and Resistance to change
23 March,2025	Sunday, ShaheediDiwas/ Martyrdom Day of Bhagat Singh, Rajguru&Sukhdev
5th Week 24 March–29 March	Interpersonal Attraction: Nature and determinants
30 March,2025	Sunday
6th Week 31 March, 2025	Id-ul- Fitr

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Paper- Social Psychology

April,2025 1st Week 1April –5April	Pro-social behavior: Meaning, stages Assignment 2
6April,2024	Sunday, Ram Navmi
2nd Week 7April-12April	Determinants Aggression: Nature, Causes and control
10 April, 2025 13April,2025 14April,2025	Mahavir Jayanti Sunday, Vaisakhi Dr. B.R.Ambedkar Jayanti
3rd Week 15April -19April	Practical 4: Aggression scale Collective behavior: crowd and mob
20April,2025	Sunday
4th Week 21April -28April	Sessional Exams
27 April, 2025 29 April, 2025 30 April, 2025	Sunday Parshuram Jayanti Akshya Tritya

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Paper- Social Psychology

May,2025 1stWeek 1 May -3 May	Group behavior: Meaning, formation
4May ,2025	Sunday
2ndWeek 5May–10 May	Types and Functions of group Practical 5: leadership styles Leadership: Nature, characteristics and types
11May,2025	Sunday
3rdWeek 12May-17May	Class test, revision, Practical index sign
18May ,2025	Sunday
4thWeek 19 May - 24 May	Practical Sign, Index Sign
25May ,2025	Sunday
5thWeek 26 May - 31 May	Revision Class Test
29May ,2025	MaharanaPartapJayanti
1 June,2025 Onwards	UniversityExaminations

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Lesson Plan for the Even Semester (January to May, 2025)

Name of the Teacher– Ms. Monika Singh

Class- BA 2nd Year, 4th Semester

Subject- Psychology

Paper- Developmental Psychology

January, 2025 4thWeek 20 Jan-25Jan	Human Development: Concept, Principles
26 Jan,2025	Sunday, Republic Day
5thWeek 27Jan– 31 Jan	Human Development: Issues and Determinants Major Perspective: Psychodynamic

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Class- BA 2nd Year, 4th Semester

Subject- Psychology

Paper- Developmental Psychology

February, 2025 1 st Week 1 Feb, 2025	Major Perspective: Behavioural
2 Feb, 2025	Sunday, Basant Panchmi
2 nd Week 3 Feb – 8 Feb	Major Perspective: Contextual Earliest Development: Basic of Genetics Practical: Family Environment Scale
9 Feb, 2025	Sunday
3 rd Week 10Feb -15 Feb	Transmission of Genetics Information, Inherited Practical Sign
12 Feb, 2025 16 Feb, 2025	Guru Ravidas Jayanti Sunday
4 th Week 17 Feb-22 Feb	Genetic Disorders Prenatal Development: Fertilisation Practical: Emotional Maturity Scale
23 Feb, 2025	Sunday
5 th Week 24 Feb- 28 Feb	Prenatal development: Stages and Threats to development in prenatal environment
26 Feb, 2025	MahaShivratri

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Class- BA 2nd Year, 4th Semester

Subject- Psychology

Paper- Developmental Psychology

March,2025 1 st Week 1 March, 2025	Practical Sign
2 March,2025	Sunday
2 nd Week 3 March– 8 March	Infancy and Childhood: Physical, Cognitive, Social Development Assignment 1
3 rd Week 9 March - 16 March	Holi Vacations
4 th Week 17 March–22 March	Adolescence: Physical and Sexual Maturation; Nutrition Practical: Impulsiveness Scale
23 March,2025	Sunday, Shaheedi Diwas/ Martyrdom Day of Bhagat Singh, Rajguru&Sukhdev
5 th Week 24 March–29 March	Eating disorders Practical Sign
30 March,2025	Sunday
6 th Week 31 March, 2025	Id-ul- Fitr

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Subject- Psychology

Paper- Developmental Psychology

April,2025 1st Week 1April –5April	Threats to Adolescent’s Well being: Aggression, Bullying, Juvenile Delinquency Assignment 2
6April,2024	Sunday, Ram Navmi
2nd Week 7April-12April	Obesity Aging: Concept Practical: Youth Problem Inventory
10 April, 2025 13April,2025 14April,2025	Mahavir Jayanti Sunday, Vaisakhi Dr. B.R.Ambedkar Jayanti
3rd Week 15April -19April	Aging: Factors: Biological and Psychological Practical Sign
20April,2025	Sunday
4th Week 21April -28April	Sessional Exams
27 April, 2025 29 April, 2025 30 April, 2025	Sunday Parshuram Jayanti Akshya Tritiya

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Subject- Psychology

Paper- Developmental Psychology

May,2025 1stWeek 1 May -3 May	Dementia, Alzheimer's
4May ,2025	Sunday
2ndWeek 5May–10 May	Practical: Aggression Scale Revision
11May,2025	Sunday
3rdWeek 12May-17May	Class test, Revision Practical Sign
18May ,2025	Sunday
4thWeek 19 May - 24 May	Practical Sign Index Sign
25May ,2025	Sunday
5thWeek 26 May - 31 May	Revision Class test
29May ,2025	Maharana PartapJayanti
1 June,2025 Onwards	UniversityExaminations