

**KUMARI VIDYAVATI ANAND D.A.V. COLLEGE FOR WOMEN,
KARNAL**

**Lesson Plan for the Even Semester
(January to May, 2026)**

Name of the Teacher – Ms. Monika Singh

Class – B.A. 1st year (2nd semester)

Subject – Psychology

Paper – Social Psychology

3rd Week 12 Jan – 17 Jan	Introduction: Meaning, History , Scope and Relationship of Social Psychology with Anthropology and Sociology
18 Jan, 2026	Sunday
4th Week 19 Jan – 24 Jan	Determinants of Social Behaviour . Method :Sociometry and Practical 1 st (Sociometry)
23 Jan, 2026 25 Jan, 2026 26 Jan, 2026	Sir Chottu Ram Jayanti/ Basant Panchmi Sunday Republic Day
5th Week 27 Jan – 31 Jan	Observation and Survey Method. Socialization : Nature , Agencies and Factors Affecting Socialization . Practical Sign

February, 2026 1 st Week 1 Feb, 2026	Guru Ravidas Jayanti , Sunday
2 Feb – 7 Feb	Person Perception : Nature and Determinants . Practical 2 nd (Altruism Scale) Assignment 1 st
8 Feb, 2026	Sunday
2 nd Week 9 Feb - 14 Feb	Attitude : Nature , Formation , Change and Resistance to Change . Practical Sign
15 Feb, 2026	Maha Shivratri , Sunday
3 rd Week 16 Feb - 21 Feb	Interpersonal Attraction : Nature and Determinants . Practical 3 rd (Aggression Scale)
22 Feb, 2026	Sunday
4 th Week 23 Feb - 28 Feb	Aggression Nature : Nature , Causes and Control . Practical Sign Assignment 2 nd

March, 2026 1 st Week 1 March – 8 March	Holi Break
2 nd Week 9 March – 14 March	Pro -social behaviour : Meaning , Stages and Determinants Practical 4 th (Leadership Styles)
15 March, 2026	Sunday
3 rd Week 16 March – 20 March	Group Behaviour : Meaning, Formation, Types and Functions of Group
21 March, 2026 22 March, 2026 23 March, 2026	Id-ul-Fitr Sunday Shaheedi Diwas / Martyrdom day of Bhagat Singh/Rajguru & Sukhdev
4 th Week 24 March – 28 March	Leadership: Nature , Characteristics and Types . Practical Sign
26 March, 2026 29 March, 2026	Ram Navmi Sunday
5 th Week 30 March	Practical Sign Practical 5 th (Prejudice Scale)
31 March, 2026	Mahavir Jayanti

April, 2026 1st Week 1 April – 4 April	Collective Behaviour : Crowd and Mob Practical Sign
5 April, 2026	Sunday
2nd Week 6 April - 11 April	Sessional Exams
12 April, 2026	Sunday
3rd Week 13 April - 18 April	Practical Index Sign
14 April, 2026 19 April, 2026	Dr. B.R.Ambedkar Jayanti/Vaisakhi Parshuram Jayanti /Akshay Tirtiya , Sunday
4th Week 20 April - 25 April	Revision and Oral Test
26 April, 2026	Sunday
5th Week 27 April - 30 April	Revision

May, 2026 1st Week 1 May – 2 May 2026	Revision
3 May, 2026	Sunday
2nd Week 4 May- 5 May	Revision and Oral Test
6 May, 2026 Onwards	University Examinations

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**Lesson Plan for the Even Semester
(January to May, 2026)**

Name of the Teacher – Ms. Monika Singh

Class – B.A. IInd Year (Semester 4th)

Subject – Psychology

Paper – Developmental Psychology

3rd Week 12 Jan – 17 Jan	Human Development : Concept, Principles, Issues and Determinants .
18 Jan, 2026	Sunday
4th Week 19 Jan – 24 Jan	Major Perspectives : Psychodynamics, Behavioural , Contextual
23 Jan, 2026 25 Jan, 2026 26 Jan, 2026	Sir Chottu Ram Jayanti/ Basant Panchmi Sunday Republic Day

February, 2026 1 st Week 1 Feb, 2026	Guru Ravidas Jayanti , Sunday
2 Feb – 7 Feb	Inherited and Genetics Disorders . Prenatal Development: Fertilization Assignment 1 st
8 Feb, 2026	Sunday
2 nd Week 9 Feb - 14 Feb	Stages and Threats to Development in Prenatal Environment Practical 2 : Aggression Questionnaire
15 Feb, 2026	Maha Shivratri , Sunday
3 rd Week 16 Feb - 21 Feb	Infancy and Childhood: Physical ,Cognitive and Social Development . Practical Sign Practical 3 : Impulsive Scale
22 Feb, 2026	Sunday
4 th Week 23 Feb - 28 Feb	Adolescence :Physical and Sexual Maturation; Nutrition . Assignment 2 nd

March, 2026 1 st Week 1 March – 8 March	Holi Break
2 nd Week 9 March – 14 March	Eating disorders. Threats to Adolescent's Well Being : Aggression, Bullying , Juvenile Delinquency .
15 March, 2026	Sunday
3 rd Week 16 March – 20 March	Obesity. Practical : Youth Problem Inventory Practical Sign
21 March, 2026 22 March, 2026 23 March, 2026	Id-ul-Fitr Sunday Shaheedi Diwas / Martyrdom day of Bhagat Singh/Rajguru & Sukhdev
4 th Week 24 March – 28 March	Aging Concept , Factors: Biological and Psychological . Practical Sign
26 March, 2026 29 March, 2026	Ram Navmi Sunday
5 th Week 30 March	Dementia , Alzheimer Practical Sign
31 March, 2026	Mahavir Jayanti

April, 2026 1st Week 1 April – 4 April	Revision , Class test
5 April, 2026	Sunday
2nd Week 6 April - 11 April	Sessional Exams
12 April, 2026	Sunday
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14 April, 2026 19 April, 2026	Dr. B.R.Ambedkar Jayanti/Vaisakhi Parshuram Jayanti /Akshay Tirtiya , Sunday
4th Week 20 April - 25 April	Revision
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