KUMARIVIDYAVATIANANDD.A.V.COLLEGEFORWOMEN, KARNAL

LessonPlanfortheEvenSemester
(January to May, 2026)

NameoftheTeacher– Preeti
Class –
Subject– > Child careWorker
Paper–

3rdWeek 12Jan–17 Jan	
18 Jan,2026	Sunday
4thWeek 19Jan–24 Jan	
23 Jan,2026 25 Jan,2026 26 Jan, 2026	Sir Chottu Ram Jayanti/ BasantPanchmi Sunday Republic Day
5thWeek 27Jan–31 Jan	Unit 1.1 -> Introduction and orientation Unit 1.2 -> Introduction to Domestic workers sector

February,2026 1st Week 1Feb, 2026	Guru Ravidas Jayanti, Sunday
2Feb– 7Feb	Unit 1.3 → Responsibilities of child caretaker [Non-Clinical] Unit 2.1 → Observe and monitor child's activity.
8Feb, 2026	Sunday
2nd Week 9Feb-14Feb	Unit 2.2 → Child's Physical and nutritional Needs Practical → Draw a table classifying the occupations available in the Domestic caretaker sector.
15 Feb, 2026	MahaShivratri , Sunday
3rd Week 16Feb-21 Feb	Unit 2.3 → Development Milestone of the children Unit 3.1 → Develop Relationships and communicate effectively with the children.
22Feb,2026	Sunday
4th Week 23Feb-28Feb	Unit. 3.2 → Support the child in Developing Positive Relations with others. Practical → Prepare a sample meal based on nutritional requirements and age.

March,2026 **1st Week** **1March – 8 March**	**Holi Break**
2nd Week **9 March– 14 March**	Practical → Demonstrate the process of bed making as per given instructions regarding age and comfort etc. Unit 3.3. Establish a healthy, safe and secure environment for the child.
15March, 2026	**Sunday**
3rd Week **16March–20 March**	Unit 3.4. Carry out child focused activities and learning. Practical → Evaluate case studies outlinning the statuary provisions for Domestic caretakers in India.
21March, 2026 **22March, 2026** **23March, 2026**	**Id-ul-Fitr** **Sunday** **ShaheediDiwas / Martyrdom day of Bhagat Singh/Rajguru&Sukhdev**
4th Week **24March–28 March**	Unit 4.1 Establish a healthy, safe and secure Environment for the child
26 March, 2026 **29 March, 2026**	**Ram Navmi** **Sunday**
5th Week **30 March**	Unit 4.2. Assist in procedures with respect to accidents, injuries illness and others emergencies Practical → Maintain first aid kit as required and ensure that the contents are replaced prices do the expiriey.
31March, 2026	**MahavirJayanti**

April,2026 1st Week 1April–4 April	Unit 5.1 -> Maintain Behavioral Etiquette Practical -> Conduct games and activities which will have a positive impact on the growth of the child. • Demonstrate the methods of development of the positive relationship with the children.
5April,2026	Sunday
2nd Week 6 April-11April	Sessional Exams
12April,2026	Sunday
3rd Week 13 April-18April	Unit 5.2 -> Follow Practices of hygiene. Practical -> Demonstrate the methods to apply first aid, including the CPR.
14April,2026 19April,2026	Dr. B.R.AmbedkarJayanti/Vaisakhi ParshuramJayanti /AkshayTirtiya, Sunday
4th Week 20April - 25 April	unit 5.3- Professionalism at the work place Practical - operate different types of fire extinguishers. • Address given medical emergencies through process of ABC and provision of first/evacuation there of.
26April,2026	Sunday
5th Week 27April - 30 April	

May,20261st Week 1May – 2 May2026	
3May,2026	**Sunday**
2nd Week 4May-5May	
6 May, 2026 Onwards	**University Examinations**

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LessonPlanfortheEvenSemester
(January to May, 2026)

NameoftheTeacher– Preeti
Class –
Subject–> Elderly Caretaker
Paper– DWC1Q0801, (version-2.0), level-3

3rd Week 12Jan–17 Jan	
18 Jan,2026	Sunday
4th Week 19Jan–24 Jan	
23 Jan,2026 25 Jan,2026 26 Jan, 2026	Sir Chottu Ram Jayanti/ BasantPanchmi Sunday Republic Day
5th Week 27Jan–31 Jan	Unit-1.1- Introduction and orientation. Unit 1.2- Introduction to Domestic workers Sector in India.

February,2026 1stWeek 1Feb, 2026	Guru RavidasJayanti,Sunday
2Feb– 7Feb	Unit 1.3 - Responsibilities of Elderly care taker (Non - Clinical) Practical - Draw a table classifying the occupations available in Domestic workers.
8Feb, 2026	Sunday
2nd Week 9Feb-14Feb	2.1 - Personal Hygiene and Activities of Daily Living (ADL)
15 Feb, 2026	MahaShivratri , Sunday
3rd Week 16Feb-21 Feb	Unit 2.2 - Recreated and Health Activity. Practical- Prepare a sample routine of ADL and other activities for the elderly Person.
22Feb,2026	Sunday
4th Week 23Feb-28Feb	Domestic workers the way to wash, Remove stains and Smell from clothes/ Sheets of elderly. manually or with washing machine.

March,2026 1st Week 1March – 8 March	Holi Break
2nd Week 9 March– 14 March	Unit-3.1 Cleaning Activity and tidying up of the Room. Unit-3.2 - Replacing the bed Linen.
15March, 2026	Sunday
3rd Week 16March–20 March	Practical. Indentify various hazardous and unsafe conditions for elderly people in the given place.
21March, 2026 22March, 2026 23March, 2026	Id-ul-Fitr Sunday ShaheediDiwas / Martyrdom day of Bhagat Singh/Rajguru&Sukhdev
4th Week 24March–28 March	Practical. Interpret the given safety instruction and Identify different lables/ safety Symbols. ~~Unit~~
26 March, 2026 29 March, 2026	Ram Navmi Sunday
5th Week 30 March	Unit-3.1 Process of Cleaning utensils/tools Appliances. Praticals - Domestic workers of developing a Positive Relationship.
31March, 2026	MahavirJayanti

April,2026 1st Week 1April–4 April	Practical - Domonstrate an activity that would help stimulate and elderly and triggers their mnemonic (ai'd-memory skills.
5April,2026	Sunday
2nd Week 6 April-11April	Sessional Exams
12April,2026	Sunday
3rd Week 13 April-18April	Unit-3 → Safe, secure and hygienic Environment for elderly Person. Unit-4.2 → Effective communication specific to Elderly Person.
14April,2026 19April,2026	Dr. B.R.AmbedkarJayanti/Vaisakhi ParshuramJayanti /AkshayTirtiya, Sunday
4th Week 20April - 25 April	Practical: Demonstrate the way of communication that Reflect gender and PwD sensitivity
26April,2026	Sunday
5th Week 27April - 30 April	Unit 5.1 - Domestic worker maintain Behavioral etiquette.

May,20261st Week 1May – 2 May2026	Unit 5·2 Follow Platices of Hygiene. Practical- Draft a sample Paper on various industries Job market trends, latest required and available opportunities.
3May,2026	Sunday
2nd Week 4May-5May	Unit 5·3 - Professionalism at the workplace. Show how to use active listening techniques.
6 May, 2026 Onwards	University Examinations